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MEDICINAL PLANTS

LUZ DE MARÍA





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GENERAL INDICATIONS

GENERAL INDICATIONS

Brothers and Sisters:

We are going to share the Messages in which Heaven has given us indications and recommendations to use the different medicinal plants to prevent and combat the diseases that humanity is facing and will face; unknown diseases or that were thought to be eradicated will return. These diseases are rapidly transmitted and highly contagious, which is enhanced in a globalized world, in which science does not have a cure to eliminate them and rather is being misused against man himself.

This is why Heaven alerts us and prepares us in advance. At this moment we see a great number of Messages revealed since the year 2009, which have been fulfilled. In these Messages we were warned of diseases, viruses, plagues and even pandemics that would affect humanity, some of them product of nature itself and others product of misused science, directed by a machinery of evil.

At this moment, virus mutations are occurring and manifesting themselves in pandemics. Heaven does not abandon us and has given us indications to help us, not to stop the disease in a person, but to protect us more and to strengthen our organism.

As an example, in the commentary of the message received on June 9, 2016, given by Our Lord Jesus Christ, Luz de Maria told us the following:

..."we are warned as to the great imbalance that exists because of the manipulation of a group of people. They have devoted themselves for years". now to deciding the fate of Humanity on the earthly plane. We will be invaded by constant plagues and illnesses spread all over the Earth, with the aim of reducing the world population. The war will be more overt."

In the face of so much Divine Love manifested in each revelation, we must awaken our conscience and be grateful for all that has been given to us, using it for our own good and that of our brothers.

In this document, we have classified the plants according to their properties and the indications of the Blessed Mother, of how they favor and strengthen some systems of the human organism, so that it can be used as a document of easy understanding for the application and proper use of the plants.

WE RECOMMEND THAT YOU CAREFULLY REVIEW THE FOLLOWING INDICATIONS

Certain medicinal plants recommended by the Blessed Mother include indication of dosage, forms of use and contraindications, however, in most of them, the Blessed Mother indicates only the plant and it is the

responsibility of each person to investigate those that are only cited and to complement the knowledge of each plant and remedy given by Heaven.

USE OF MEDICINAL PLANTS ACCORDING TO HEALTH CONDITIONS

Each person is responsible for knowing and analyzing his/her particular health situation (or that of the person to whom he/she recommends it) and taking into consideration the allopathic medicines (treatment with drugs) that he/she uses in order not to create pharmacological interactions or intoxication.

People with heart disease, hypertension, anti-clotting, diabetic, immune, digestive and liver problems, among others, should be especially careful in the use of medicinal plants.

DOSAGE

There are several presentations and ways to use medicinal plants, mainly in natural form, in essential oils, in pills or liquid, but in all cases it is necessary to know the appropriate dose, specifically the one recommended by the manufacturer and if it is natural form, in small quantities so as not to exceed the concentration and avoid some degree of toxicity of the plant. It is also important to consider the characteristics of the plant, as well as the health situation of each person. Due to the above, it is the responsibility of each person to determine how to use the different plants. It should always be taken into account that most medicinal plants used in excessive

amounts or inappropriately have some side effects and some degree of toxicity.

APPLICATION

Medicinal plants can be obtained in various presentations and according to that determines the way to apply them. They can be taken in the form of pills or drops, knowing that the manufacturer's instructions must be followed. They can also be obtained in their natural form (flower, root, stem, etc.), in which case infusions, poultices, creams, ointments, syrups, oils, among others can be made and it is necessary to acquire the knowledge to be able to use the appropriate and sufficient quantities of the plant and obtain the best product. Once the presentation of the plant is chosen, the way to apply it and the convenient dosage is determined.

PREVENTIVE USE

It is recommended to start the use of medicinal plants preventively, alternating them and not using the same plant more than two weeks in a row, as long as its use is preventive. It is recommended to alternate the use of medicinal plants among them to avoid intoxication or complications, especially digestive or gastric. In case of illness, the plant should be used according to the manufacturer's indications for each one, which should be consulted and investigated responsibly.

It is advisable to use medicinal plants alternately, since all of them have

their benefit and can generally favor the human organism, in addition to the specific properties of each one. Therefore, it is important, as the Blessed Mother has said, to start consuming all the medicinal plants preventively, since they strengthen the organs and then the body can defend itself better against diseases.

REACTION TO THE CONSUMPTION OF A MEDICINAL PLANT

When medicinal plants are used orally, there is a possibility that they may cause digestive problems, in such a case, seek medical help. When medicinal plants are used on the skin, put a little on the forearm area, wait a few minutes and if there is any kind of irritation or rash, do not use it anymore or dilute the oil or cream or ointment with a little of the base material being used and try again in another part of the body to determine the optimal mixture.

USE AND APPLICATION IN PREGNANT WOMEN AND DURING LACTATION

The use of medicinal plants taken in infusions or in tablets during pregnancy and during breastfeeding are not recommended as they can cause adverse and dangerous effects on the mother's and baby's organism. However, in the form of essential oils they can be applied on the soles of the feet and on the spine.

USE AND APPLICATION IN CHILDREN UNDER 5 YEARS OF AGE

In the case of children under 5 years of age, the use of medicinal plants

dosed according to the age and weight of the children is recommended. These can be in infusion drops or specific presentation of the plants in gummies or supplements for children, assuming the responsibility to investigate the presentation and the product. The use of medicinal plants in essential oils could be used by applying the oil on the soles of the feet in children, with great caution, putting 1 to 2 drops according to age. In case of an allergic reaction or skin rash, St. Michael the Archangel oil can be used.

Another important aspect to consider is that some plants recommended by Heaven do not have scientific studies that support all their properties and uses, however, being indicated by the Blessed Mother and by Our Lord Jesus Christ, it is considered that Divine Wisdom and Science transcends current human knowledge and in Faith we trust in Heaven's indication for the good of each one of His children. Furthermore, with loving insistence, Our Lord tells us to use the medicines that His Will has given us.

The information published in this document contains a basic compilation about each plant and serves as a guide for the readers, but each one is responsible for doing further research, considering reliable sources, to give the medicinal plants the most appropriate use, according to their particular situation.

MAIN MESSAGES GIVEN BY HEAVEN ABOUT THE USE OF MEDICINAL PLANTS

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DISEASES SPREAD THROUGHOUT VARIOUS COUNTRIES, WITHOUT FEAR TURN TO THE PLANTS MY HOUSE HAS GIVEN YOU SO YOU MAY USE THEM WITH FAITH. Our Lord Jesus Christ, 10.10.2025

My children will feel sick; I call you to use the remedies that My House has revealed to you. **Our Lord Jesus Christ, 08.05.2025**

You must look for all the remedies from My House to defend yourselves against these diseases, which are mutations for which there are no treatments at the moment. **Our Lord Jesus Christ, 03.19.2025**

Little children of My Divine Son, you have received what is necessary to use for illnesses; you need to have what has been indicated to you. Medicinal plants are necessary in order to face illnesses - keep them at home. **The Most Holy Virgin Mary, 02.13.2025**

Children, regarding the viruses that are going to occur in sequence all over the world, you have received from the Paternal House, by Divine Will, the medicines that you possess in nature to combat these diseases. If you use other medicines, it will be My Son who will decide; but you possess the medicines that We have

given you by Divine Will so that you can fight and heal the diseases that are coming and those already on Earth at this moment, infecting My children. When you do not possess oils to have the mixture of what is necessary to treat an illness, look for some of the main plants and put them on with faith, because if you say with faith to a mountain to move, it will move (Cfr. Mk. 11, 22-23); if you say with faith to My Divine Son to heal you, He will heal you. **The Most Holy Virgin Mary, 08.23.2024**

BY DIVINE WILL I HAVE BROUGHT YOU NATURAL MEDICINES SO THAT YOU WOULD SURVIVE DISEASES THAT ARE APPROACHING AND OTHERS THAT ARE ALREADY TO BE FOUND ON EARTH. Do not take diseases lightly: some are manufactured, but others are on Earth as a result of the sin of humanity, and it is urgent that you, My children, should have what is necessary. BECAUSE I LOVE YOU, BECAUSE I CARRY YOU IN MY IMMACULATE HEART, REMAIN UNITED, HELP EACH OTHER, AND MAY EACH PERSON BE A SUPPORT FOR OTHERS (cf. Heb. 13,16). The Most Holy Virgin Mary, 01.25.2024

THE WHOLE OF THE WORLD'S ECONOMY WILL BE CHANGED; what you use today to buy and sell will not be accepted for you to be able to supply yourselves with food and what you need to survive. Because of this I have called you to Faith in Me and My Mother, who has provided you with the medicines to combat the illnesses that are coming. UNFORTUNATELY, YOU CONTINUE TO BE DEAF. THESE ILLNESSES WILL NOT BE FOUGHT WITH KNOWN MEDICINES BUT WILL REACT TO WHAT MY HOUSE HAS MADE

KNOWN TO YOU. Our Lord Jesus Christ, 05.26.2023

Medicines will be lacking: be prepared, and for this you have received from the Father's House the indications that are indispensable for you to fight disease with the fruit of nature. Saint Michael the Archangel, 05.15.2022

You must have the medicines that Heaven has given you in order to overcome the illnesses that will come. Saint Michael the Archangel, 02.19.2022

It is important to raise up your Immune System: the body is the Temple of the Holy Spirit, do not forget. **The Most Holy Virgin Mary, 11.29.2021**

PROPHETIC MESSAGES OF DISEASES THAT ARE COMING TO HUMANITY

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Keep in mind the Medications My House has given you so that at this moment you may combat illnesses without creating confusion about their preparation. Use as of now calendula cream once a week on your arms and hands, protecting yourselves from the sun. **Our Lord Jesus Christ, 10.10.2025**

The winds are not good; they transport serious illnesses that are and will be seriously affecting you. The Father's House has given you plants for you to use and so that you might help yourselves with your illnesses; keep this in mind. **The Most Holy Virgin Mary, 8.29.2025**

Pray, children of My Divine Son, pray, disease will spread rapidly, affecting the respiratory system and the skin; keep with you the medications that the Father's House has revealed to you for this time. **The Most Holy Virgin Mary, 3.25.2025**

You must look for all the remedies from My House to defend yourselves against these diseases, which are mutations for which there are no treatments at the moment. **Our Lord Jesus Christ, 3.19.2025**

Pray, children of Our King and Lord Jesus Christ, pray. Diseases coming out of the laboratory are spreading rapidly; these men of science should stop their laboratory testing on animals. Children of Our King and Lord Jesus Christ, remain vigilant. The hemorrhagic fever from dengue is spreading on Earth. Pray and prepare! Saint Michael Archangel, 11.12.2024

You must think not only of the consequences of war, but at the same time, of the new and already known diseases that are highly contagious and occurring on Earth. Children of My Immaculate Heart, you will once again face what will cause you to live in a plague that will advance and become a pandemic in a very short time. **The Most Holy Virgin Mary, 11.20.2024**

My most beloved children, you will be more oppressed through new and unknown diseases, which will appear in the world; because of illnesses, you will be oppressed again. My little ones, sickness will lead you to obey: I call you not to travel, at this time. Obey, little children, obey, unless you are returning to your homes. The Most Holy Virgin Mary, 11.05.2024

The unruliness of war will lead to mass famine. The disease will appear on the skin and worsen by invading the organs of the human body, with external bleeding. I call you to have the Good Samaritan oil and calendula. **The Most Holy Virgin Mary, 10.14.2024**

The diseases that come to light are various and easily transmitted, so you will live again previous moments where homes went from being places of encounter and coexistence to being centers of work. **Our Lord Jesus Christ 09.12.2024**

PREPARE YOURSELVES TO FACE THE DISEASES THAT RESURFACE, you have already been warned and continue not to obey. Prepare yourselves! These diseases are increasing through infected creatures and spreading through the air via saliva. These diseases affect the respiratory system, even if you are told they do not. Maintain good hygiene, be cautious in treating the sick. Be insistent on proper nutrition and protecting the immune system. Saint Michael Archangel, 09.06.2024

THE TIME IS NOW! THE MOMENT ARRIVES!

Without forgetting the use of medicinal plants and oils for the cure of the diseases that are already scourging the Earth and are contagious:

- like the laboratory-created variant of leprosy...
- those caused by mosquitoes, being very detrimental to the health of the human creature...
- diseases caused by rats, most of which are found in large cities...
- and the rebound of covid with the news of this occasion...

Prepare yourselves, that united with My Heavenly Hosts we will defend you from the evil of body and spirit, whenever you desire and are ready to return to Our King and Lord Jesus Christ.

BE PREPARED, FOR HUMANITY ALREADY KNOWS PAIN, BUT AS AT THIS MOMENT, NEVER! Saint Michael Archangel, 08.31.2024

The advancement of the disease increases with force, since it has been spread in several countries.

I alerted you of a rapidly contagious variant of leprosy in My Call of 04.23.2024 and on 05.20.2024 I alerted you of a disease caused by the mutation of a previous one and you did not take it into account...On 03.27.2023 and 05.28.2024, My beloved St. Michael the Archangel warned you that this disease was already on Earth, and you did not take it into account... This virus is painful because of the rashes on the skin, which become infected and thus reproduce in the body. You already know the plants necessary to fight the disease, provided that the disease is discovered and combated quickly.

Little children, not all organisms are the same nor do they respond in the same way, so be on alert and at the slightest sign use calendula, fumitory plant, St. Michael's Oil, Good Samaritan Oil and moringa.

Beloved children, other viruses are approaching mankind and restricting you from moving from one place to another.

Rats are the cause of another severe disease spreading in several countries due to the carelessness of human creatures.

THREE DISEASES WILL OCCUR AT THE SAME TIME:

- 1. the virus of the previous pandemic that breaks out again...
- 2.the leprosy variant...
- 3. and the disease transmitted by rats... The Most Holy Virgin Mary, 08.22.2024

Pray, children of Our King and Lord Jesus Christ, pray: illnesses are ALREADY coming, one and another at the same time. You know how to act – Heaven has told you in advance.

Pray, children of Our King and Lord Jesus Christ, pray that you would obey and heed this call in which I warn you of diseases caused by a mosquito. Prepare, starting with the United States, Mexico, Central America, Panama and South America, where the invasion of various insects will bring different diseases to people, causing serious health problems. Protect yourselves, cover windows that open to provide your homes with ventilation, doors and wherever these insects can penetrate and cause sickness. Use the Good Samaritan Oil. Saint Michael Archangel, 06.19.2024

Beloved children, you must prepare for major transformations that will lead this generation to continuous purification. The health of humanity will decline due to the other disease about which I have told you, a disease caused by the mutation of a previous one. This disease is caused by the hand of man in the desire to control you, My little children. For this reason, My Divine Son has allowed your faith to be tested so that you yourselves would uncover this evil work and action. Pray, My children, pray, the new disease will be launched with force so that it would spread and in order to call it a pandemic. The Most Holy Virgin Mary, 05.20.2024

Children of Our Queen and Mother, it will be the force of nature that will confront you with great famines and above all with great diseases – eradicated and unknown. Saint Michael Archangel, 02.29.2024

Beloved children, disease is coming closer to you: it will spread until it infects as many human beings as possible. The disease is highly and rapidly contagious, so air travel and all types of public transport will be affected because of contagion. I HAVE CALLED YOU TO USE THE OIL OF THE GOOD SAMARITAN AND CALENDULA TO PREVENT THE PROPAGATION OF THIS DISEASE, WHICH WILL SPREAD TO SO MANY OF MY CHILDREN. It will begin with fever and bodily discomfort; there will be a strong cough and then small wounds will appear on the skin until these become larger wounds, this being the indicator of this disease.

IT IS A VARIANT OF LEPROSY THAT WILL AFFECT MY CHILDREN, and it will continue to develop in this way until the body is affected in its entirety if you do not do hurry to take the appropriate measures. **The Most Holy Virgin Mary, 04.23.2024**

Children, remain on alert! I announce to you the appearance of one of the diseases that misused science will bring to humanity, seriously affecting the respiratory tract as well as the skin briefly, with severe headaches. When the human race is worrying about the symptoms, this disease will have progressed, causing serious damage to My children's lungs. Our Lord Jesus Christ, 03.15.2024

My children, diseases are already among you: one created by those who use science for evil - a new disease, and another that has mutated. From My House

you have what you need to repel these diseases, but, My children, those who expose themselves for amusement will suffer. Our Lord Jesus Christ, 02.05.2024

YOU ARE GOING TO BE LIMITED IN YOUR FREEDOM TO WORK AND ACT. DISEASE HAS ARRIVED, AND WITH IT, LIMITS WILL BE IMPOSED IN VARIOUS COUNTRIES; THEREFORE, PREPARE NOW! Those who cannot prepare themselves materially should maintain their faith that Our Queen and Mother will bring you what is necessary for you to continue without growing faint. Saint Michael Archangel, 01.15.2024

A mysterious illness arrives which will attack the nervous system. My children, remain faithful and having Faith in My Son and in the assistance of this Mother; place yourselves under My Maternal Mantle and trust that you will never be abandoned by this Mother. **The Most Holy Virgin Mary 08.19.2015**

Pray, children of Our King and Lord Jesus Christ, pray concerning the new disease with high fever, which will severely affect the respiratory tract, and human skin will become dark and flaky. I call you to use the Oil of St. Michael the Archangel on the skin, the medicinal plant fumitory and the Oil of the Good Samaritan. Saint Michael Archangel, 03.17.2023

Use the Oil of the Good Samaritan, the SAINT MICHAEL THE ARCHANGEL OIL, calendula for hemorrhagic diseases. It is important that you strengthen your immune system. Daughter, explain to them what I will show you. Saint Michael Archangel, 02.19.2022

Children of Our King and Lord Jesus Christ, know that the Christmas season in the Catholic Church begins with the Christmas Eve vigil and ends with the Epiphany of Our King and Lord Jesus Christ on January 6 (cf. Mt. 2:1-12). Are you aware that diseases are once again keeping the world in suspense? You are living in a time when known and unknown diseases have been spread in some countries, creating a worldwide alert. Saint Michael the Archangel, 1.4.2025

Beloved children, various illnesses will come together; keep the Good Samaritan Oil, the Oil of Saint Michael the Archangel, calendula, passionflower, garlic, ginger and honey to minimize the effects of the illnesses. **The Most Holy Virgin Mary, 12.27.2024**

MESSAGES OF SAINT RAPHAEL THE ARCHANGEL,

Beloved children of My Immaculate Heart, My most beloved Archangel Raphael, protector of health, (Tobit 12, 14-17) will help you in the face of the diseases that are coming to light on Earth. By Divine Will, he will accompany you. **The Most Holy Virgin Mary, 11.20.2024**

I COME TO YOU BY DIVINE WILL TO HELP YOU AMIDST THE DISEASES WHICH WILL EMERGE AND ARE UNKNOWN OR WILL REAPPEAR TO HARM YOU EVEN MORE. You must continue to use, in case of illness, what you have received by Divine Will, in order to diminish or stop the effects of the illnesses you will face. I have been sent to protect those who suffer from war—the helpless, so that faith does not decline, and health may be recovered, should it be God's Will.

I COME TO PROTECT YOU IN THIS DIFFICULT TIME YOU ARE FACING AND WILL FACE. I DO NOT COME TO HEAL BODIES ONLY. I COME TO HEAL THE HEARTS THAT DESIRE TO BE HEALED. Saint Raphael the Archangel, 11.20.2024

KEEP THE REMEDIES FROM HEAVEN TO HAND; THEY ARE NECESSARY FOR DEFENDING YOURSELVES AGAINST CREATED VIRUSES.

Use all that Heaven has given you for being healed of the viruses that will surprise you. The fog appearing in some countries, the extreme heat at other latitudes, the continuous rain in other places - all these extreme and unusual states will bring with them the viruses in the air so that humanity will fall ill.

I have been sent not only to protect the physical health, but also the spiritual health of all of you. Children of the Most Holy Trinity, do not forget the Remedies of Heaven - keep them close. Saint Raphael the Archangel, 01.09.2025

DISEASES ARE SPREADING THROUGHOUT THE EARTH AND I WILL HELP YOU WITH EVERY DISEASE THAT AFFECTS YOU.

At this particular moment, various diseases are among you, lodged in people with low immune systems. Children of Our King and Lord Jesus Christ, the respiratory system will be greatly affected. The senses will be affected, the skin will be affected and in acute cases the inner layer of the skin will be compromised. The eyes will become irritated beyond what is normal and infections will gain in strength.

I BRING YOU UNITY, I BRING YOU THE BEST OIL SO THAT YOU MAY KEEP YOUR LAMP LIT; I BRING YOU FRATERNITY AND OFFER YOU HEALTH OF BODY AND SPIRIT.

I anoint you all with the oil of health so that little by little you would be impregnated with it. Every act of good leads you to be better people; in the Divine Will everything is done for the good of the soul - not only the healing of the body is a miracle, but death itself is also a miracle because it is a step to Eternal Life. Saint Raphael the Archangel, 01.29.2025



RECIPE TO PREPARE GOOD SAMARITAN OIL

Suddenly, our Mother raises Her other Hand and I see human creatures sick with great plagues; I see a healthy person approach a sick one and is immediately infected... I ask our Mother: How can we help these brothers? and She says: use the Oil of the Good Samaritan (GOOD SAMARITAN OIL). I gave you the necessary and convenient ingredients. **The Most Holy Virgin Mary, 06.03.2016**

Plagues will increase and will be increasingly unknown. My Mother has given you the protection against the plagues: The Oil of the Good Samaritan and other means to fight what science will not succeed in fighting. **Our Lord Jesus Christ**, **08.06.2016**

Plague is advancing, My Children, it is advancing and changing into a pandemic, causing terror and fear. You have been warned by the Father's House and have the teachings about natural medicines for combating these contagious diseases. PREPARE THE OIL OF THE GOOD SAMARITAN TO PREVENT CONTAGION. The Most Holy Virgin Mary, 11.03.2019

Ingredients: 5 Pure essential oils + 1 Base oil

Essential Oils:

- Cinnamon oil
- Clove oil
- Lemon oil
- Rosemary oil
- Eucalyptus oil

Base oil:

It is recommended to use a base oil that is easily absorbed so that the mixture penetrates the skin layers better. You can use coconut oil, grape oil or rice oil; if not available, you can use olive oil, preferably extra virgin. The proportion should be 5ml of each pure oil per 1 liter of base oil.

Preparation:

In a glass container place the pure essential oils: cinnamon + clove + lemon + rosemary + eucalyptus and mix with the selected base oil. Shake well with a glass, wooden or plastic stirrer so that the blend is homogeneous. Then it is bottled in amber colored jars and sealed tightly so that it does not evaporate. It is kept in a cool place without exposing it to direct light.

Once elaborated you can test it by placing a few drops on the forearm and leave it for 25 minutes, if it causes skin irritation you can add a little more base oil and perform the same test. Keep out of the reach of children.

Dosage and Application:

Before each use, it is recommended to move the bottle gently to integrate the oils. Apply and rub a few drops directly on the ovules of the ears, wrists, spine and/or soles of the feet.

To purify the air and eliminate viruses from the environment, home or office you can use a diffuser, vaporizer or a pan of boiling water and put a few drops.

Another way to use it is to put 3 to 4 drops of the oil on a piece of cloth, handkerchief or mouthpiece and place it over the nose and mouth.

Do not use a pure essential oil directly on the skin without first diluting it in a carrier oil. Pure oils by themselves are irritating and require careful handling. For sensitive skin apply only on the sole of the foot. In children under 5 years of age it is recommended to put 1 to 3 drops on the sole of the foot.

RECIPE TO PREPARE SAINT MICHAEL THE ARCHANGEL OIL

On April 20, 2020, during a cenacle, the Most Holy Virgin Mary recommended to Luz de Maria the use of the geranium, a plant that has properties that favor the treatment of skin diseases; and She explained that these diseases will come, and that to treat them we must possess this plant and know how to use it. **The Most Holy Virgin Mary, 04.20.2020**

Have geranium with you, called the Oil of St. Michael the Archangel by My children, in honor of My beloved Archangel. Our Lord Jesus Christ, 09.21.2021

Ingredients: 2 Pure essential oils + 1 Base oil

Essential oils:

- Geranium
- Lavender

Base oil:

It is recommended to use a base oil that is easily absorbed so that the mixture penetrates the skin layers better. You can use coconut oil, grape oil or rice oil; if not available, you can use olive oil, preferably extra virgin.

To prepare the Saint Michael the Archangel Oil, use one liter of base oil and add 30ml of Geranium oil and 30ml of lavender oil. From there, other quantities are prepared keeping the proportion according to the above.

Preparation:

In a glass container place the base oil and add the geranium oil and lavender oil; mix well with a glass, wooden or plastic stirrer so that the blend is homogeneous. Then it is bottled in amber-colored jars and sealed tightly so that it does not evaporate. They are kept in a cool place and not exposed to direct light. Keep out of the reach of children.

Dosage and Application:

This oil is for topical use only.

It is put on the skin lesion moderately 1 to 2 drops and depending on the severity of the lesion is applied 3 to 4 times a day.

RECIPE TO PREPARE BLESSED GRAPES

In countries where it is not easy to acquire grapes, you may have access to another fruit similar in consistency to this one: use the same preparation as for the grapes. FAITH IS ESSENTIAL IN EVERYTHING AND EVEN MORE SO IN USING THE MEDICINES THAT HEAVEN HAS RECOMMENDED TO YOU AS WELL AS IN PREPARING THE BLESSED GRAPES. The Most Holy Virgin Mary, 09.25.2023

Famine will take hold of the nations as part of what evil is hiding in order to subdue you. Do not despair - you have the blessed grapes and where you do not have grapes, use another solid fruit; but above all, you have the Holy Eucharist which strengthens you. It will satisfy your hunger and keep you in great peace. In those moments the Angels themselves will give nourishment to the innocent.

Saint Michael Archangel, 08.01.2024

Preparation:

Regarding Christ's request for blessed grapes, Luz de María's comments: Christ indicates that we must look for a priest and ask him to bless a bunch of grapes (or only one grape because one blessed grape can be used to bless other grapes and can feed two people if they have Faith and are properly prepared spiritually.) This will be useful for times of food shortage.

To bless the other grapes: Take one grape blessed by a priest and use it to bless the remaining ones with it, as follows:

Each grape should have a piece of stem from the one that joined it to the cluster, so it is advisable to cut them with scissors to separate them from the cluster. The remaining grapes should be blessed with the blessed grape one by one, saying, "In the Name of the Father and of the Son and of the Holy Spirit, amen." While rubbing the blessed grape with the one being blessed.

Then in sterilized glass containers the grapes that are blessed are kept (fill 34 parts of the jar with grapes) and then brandy or cognac is added to each jar, no other type of liquor or wine, since liquors with high alcohol concentration such as brandy or cognac are needed. The flask is closed and the grapes will be preserved there for as long as necessary, until they are to be consumed. From these grapes already blessed, they can be shared with the brothers, since they already carry the blessing and thus others will be able to prepare their own Blessed Grapes.

Fifteen years ago Christ had asked us to bless grapes and they are still in good condition. The type of grape that is preferably used is the dark grape, in case of not finding it, green grapes can be used. If grapes are not available in any country, another fruit can be used that is abundant and small like the grape and that has a similar consistency (shape and type of fruit).

Next, the Most Holy Virgin Mary indicates how to transfer the blessing of the grapes from a Blessed Grape to a new bunch of grapes, so that more people may benefit from them.

While the grapes are still attached to the cluster, they are washed thoroughly with a solution of water and one or two drops of liquid soap; then they are rinsed. The grapes are then cut from the cluster with scissors; trying to leave a small piece of stem on each grape. A Blessed Grape is taken and rubbed against a fresh grape making the Sign of the Cross, while saying: "In the Name of the Father and of the Son and of the Holy Spirit. Amen. Have ready a clean glass container with a tight fitting lid.

Blessed Grapes can be eaten by sick people who cannot keep food down. People who fast with the Blessed Grapes will be protected from plagues, terrible diseases and other catastrophes. People will receive sustenance equivalent to the food, water, vitamins and minerals needed by the body.

The brandy used to prepare them has medicinal value (if you are sick take a teaspoonful which, taken with FE, will cure). A supply should be kept for up to six months or more (approximately 180 grapes). The Blessed Grape will not sustain any person who mocks or disbelieves.

Video of how the blessed grapes are prepared. https://youtu.be/nVO3w5I5LFO

HOW TO MAKE MEDICINAL PLANT MACERATIONS?

Preparation:

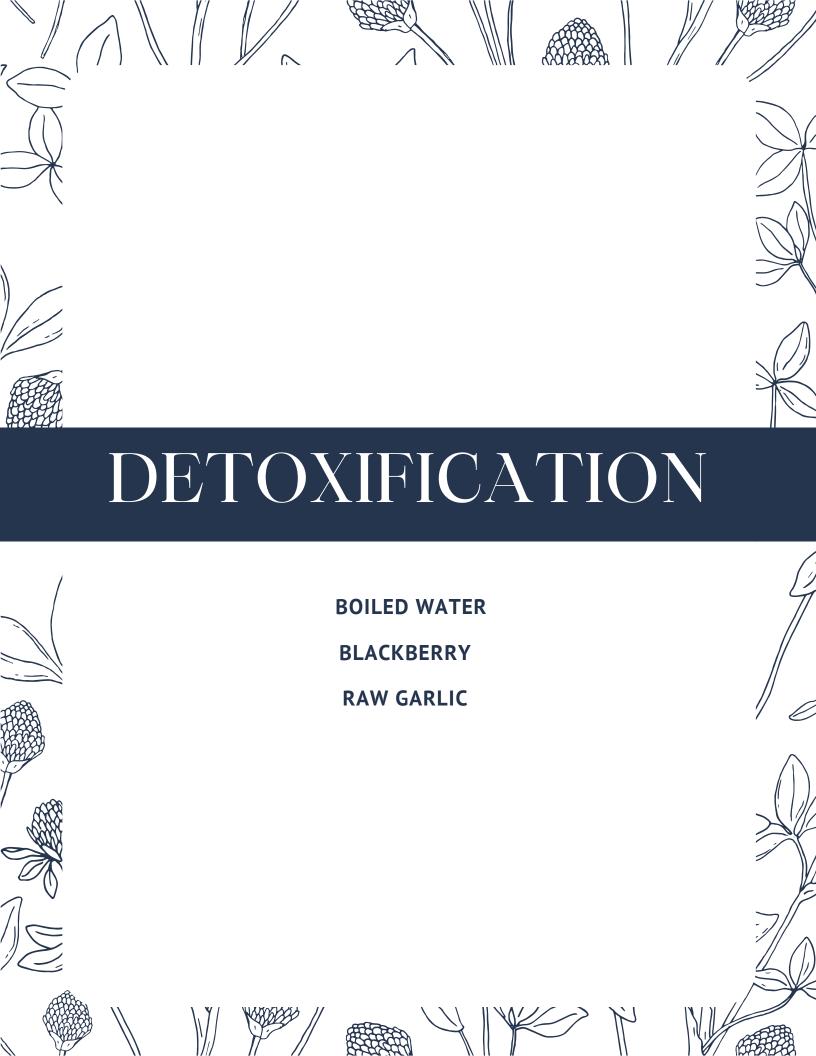
Select the plant that will be macerated. It can be a fresh plant, recently cut or a dried plant can be used, for its properties remain the same. Then in a glass jar the plant that will be macerated is incorporated once its leaves and stems are crumbled up by hand. Then the plant is placed in a glass container and alcohol is added. The alcohol that should be used is a liquor that has at least more than 37% alcohol; vodka is recommended. That concentration of alcohol for human consumption is needed so the alcohol extracts the plant's properties. Once the plant, including all its parts, has been placed in the container, it is filled with alcohol until the plant is covered and it is stored in a dark and cool place for the span of a month. After a month, it is strained and the tincture stored in an amber colored bottle in a cool and dark place.

Dosage and Application:

The tincture should be used in drops, since the alcohol contains the plant's properties, but it cannot be consumed in pure form. The dosage for taking the tincture is the following: In a glass add approximately 200ml of water and 5-10 drops or more of the tincture, depending on how much is needed by the person, taking into consideration the illness and its severity. At the time of consumption, a person's metabolism and state of health should be

taken into consideration. The tincture can be taken 2-3 times per day depending on the severity of the illness and how it is received by the ill person in terms of stomach pain or headache.

Once the plant, including all its parts, has been placed in the jar, it is filled with alcohol until the plant is covered and stored in a dark and cool place for a month. When the month is over, the tincture is strained and stored in an amber bottle and kept in a cool, dark place.





BOILED WATER

Humanity has comfortable feeding habits, but which are totally harmful for the human organism, and continually destroys and makes sick. In this instant man's organism is saturated by bad eating habits, making it a weakening organism and the new diseases causes man a lot of harm. Luz de Maria asks our Mother what we must do to make the organism more resistant against the plagues that are coming.

The Blessed Mother responds: My beloved, utilize water that has been previously boiled and start now the detox of the organism drinking as much water as possible, so the organism will start to purify. **The Most Holy Virgin Mary, 10.13.2014**





ulmifolius
Family: Rosaceae

Scientific

Beloved, as a Mother who sees beyond what you see, I ask you to eat the blackberry/mulberry. It is a natural blood purifier, and this will help the organism become more resistant to the maladies that humanity will suffer. You ignore that a great part of the virus and bacteria that plague you, have been created by man himself as a result of the power over all humanity. **The Most Holy Virgin Mary, 10.13.2014**

Saint Michael the Archangel indicated to me the medicinal benefit of fruits such as blackberries, especially wild ones, and dark-colored fruits such as grapes, plums and blueberries, among others. Red or purple vegetables such as purple cabbage, eggplant and others. **Comment by Luz de María, 02.19.2022**

Use blackberry in water: take it during the day (*). Our Lord Jesus Christ, 04.02.2025

(*) You can make a fruit smoothie with blackberries in water or drink it as a refreshment throughout the day, in whatever quantity you like.

- Contains natural antioxidants.
- Contains vitamins A, C and E and minerals such as zinc and manganese that benefit immune system, reinforcing defenses.
- Provides dietary fiber, that facilitates intestinal transit.
- It contains heart-friendly potassium (regulates blood pressure by balancing sodium levels in the body) and fiber (reduces cholesterol levels).



RAW GARLIC

Scientific Name: Allium sativum Family: Liliaceae

As mother, I ask you observe, as part of your diet for life, the daily need to ingest VITAMIN C, to ingest raw garlic or ginger daily. **The Most Holy Virgin Mary, 03.12.2017**

- Consuming garlic naturally, that is, without having it added to any preparation, is the perfect remedy to purify the blood, since it contains sulfur, which helps to progressively decrease toxins in the body.
- Reduces arterial pressure
- Helps in the elimination of heavy metals
- Reduces lead toxicity

Diseases have broken out: prepare and nourish yourselves in order to raise the body's defenses. **The Most Holy Virgin Mary, 06.28.2024**

Little children, strengthen your immune system STARTING FROM NOW! This is necessary for you. **The Most Holy Virgin Mary**, **03.08.2024**

It is important to raise up your Immune System: the body is the Temple of the Holy Spirit, do not forget. **The Most Holy Virgin Mary**, **11.29.2021**

IMMUNE SYSTEM

VITAMIN C

RAW GARLIC

GINGER

ECHINACEA

ARTEMISA ANNUA

GINKO BILOBA

MORINGA

GREEN TEA

HONEY

GUAVA

GOOD SAMARITAN OIL

PREPARE YOUR BODY NOW! Take vitamins and minerals: strengthen your immune system, but with caution. **Our Lord Jesus Christ, 04.11.2024**

Disease is progressing and again my children are threatened by disease. Use the Good Samaritan Oil, the pineapple recipe, and each of you should increase your body's defenses: take vitamin C. The Most Holy Virgin Mary, 01.20.2024

- Strengthens immune system.
- Preventive effect on diseases.
- Antihistaminic properties.
- Increases hemoglobin production.
- Contributes to growth and repair of body tissue.



RAW GARLIC

Scientific Name: Allium sativum Family: Liliaceae

As Mother, I ask you observe, as part of your diet for life, the daily need to ingest vitamin c, to ingest raw garlic or ginger daily. **The Most Holy Virgin Mary, 03.12.2017**

A NEW VIRUS WILL APPEAR... I call you to use the plant called Fumaria officinalis L. with its stems, flowers and leaves, marigold for the skin and garlic.

Our Lord Jesus Christ, 07.18.2022

It has the following properties:

- Bactericide effect.
- Useful in disease prevention.
- High Vitamin C content.
- Contributes to the correct functioning of the thyroid gland, favoring the basic metabolism.
- It has a substance called allicin that lowers blood sugar levels.
- Powerful antioxidant

Recommendation::

 You can make a maceration with olive oil, oregano leaves, and garlic put them in a glass jar and then cover it with olive oil and then leave it to macerate in a cool, dark place and after thirty days strain them and you can consume one or two tablespoons and thus increase the immune system.



GINGER

Scientific officinale

Name:

Zingiber

Family: Zingiberaceae

As mother, I ask you observe, as part of your diet for life, the daily need to ingest VITAMIN C, to ingest raw garlic or ginger daily. The Most Holy Virgin Mary, 03.12.2017

- Reinforces immune system.
- Maintains the defenses of the organism.
- Fights intestinal bactericide infections.
- Expectorant and antibiotic.
- It helps to reduce inflammation of the body, being useful in conditions of arthritis, fluid retention, pharyngitis, vertigo, circulatory disorders.



ECHINACEA

Scientific Name: Echinacea

purpurea

Family: Asteraceae

Another disease is spreading affecting the respiratory system; it is highly contagious. Have holy water; use the white hawthorn and the echinacea plant to fight it. **The Most Holy Virgin Mary, 01.31.2015**

- It boosts the immune system, as it is a natural antibiotic capable of activating our production of leukocytes.
- It is anti-inflammatory.
- Helps in the fight against infectious processes, viruses and bacteria.
- It reduces throat inflammation, prevents sores and helps to avoid bacteria in the mouth.
- Purifies the blood
- Avoid its consumption for a prolonged period of time. It can be taken for 2 weeks and then rest for another 2 weeks or it can be taken for a month and then rest for 2 months.



ARTEMISA ANNUA

Scientific Name: Artemisia

annua L.

Family: Asteraceae

Known as: Artemisa dulce

The pestilence is renewed by those who serve the antichrist and watch as the economy succumbs. Before this, I invite you, children, to resort to the health of the body by means of what nature provides for the good of the body in the face of the current disease: The use of Artemisia annua L." **The Most Holy Virgin Mary, 10.11.2014**

Beloved children of My Immaculate Heart, it is necessary that you strengthen your immune system, the plague is advancing mercilessly. Use the ARTEMISIA plant as an infusion at this time. **The Most Holy Virgin Mary, 04.12.2021**

- Boosts the immune system.
- Antimicrobial activity.
- Used to fight the malaria parasite.
- Strengthens psoriasis and leukemia treatments.
- Recommended to fight against Ebola, fever, hepatitis B and C and AIDS.



GINKO BILOBA

Scientific Name: Ginkgo biloba

L.

Family: Ginkgoaceae

Known as: ginko o gingo

Ginkgo plant was recommended by the The Most Holy Virgin Mary to treat a strange disease that would attack the immune system. Luz de María Reflexion, 11.10.2014

- Increases blood flow through the circulatory system.
- Helps in the liberation of vitamins and minerals necessary for the immune system.
 Fights phleghm
- Relieves the feeling of cold and cramps
- Raises the immune system
- It can help counteract asthma and respiratory system allergies.



MORINGA

Scientific Name: oleifera

Family: Moringaceae

Moringa

Pray children, pray, pray, the new disease will be very serious and contagious to the point of being lethal. Protect your immune system and have calendula cream and moringa ready for you to take. **Our Lord Jesus Christ**, **22.08.2022**

Little children, not all organisms are the same nor do they respond in the same way, so be on alert and at the slightest sign use calendula, fumitory plant, St. Michael's Oil, Good Samaritan Oil and moringa. **The Most Holy Virgin Mary, 08.22.2024**

My Beloved People, to keep the immune system high, take MORINGA for no longer than two weeks, then rest for three weeks and begin again. **Our Lord Jesus Christ, 07.06.2021**

- Strengthens the immune system.
- It has antioxidant, anti-inflammatory, analgesic, anticholinergic, antihypertensive, anti-obesity, antimicrobial, hepato-protective and healing action.
- Source of Zinc



GREEN TEA

Scientific Name:

Camellia

sinensis

Family: Theaceae

My Beloved People, to keep the immune system high, take Moringa for no longer than two weeks, then rest for three weeks and begin again. Drink Green Tea, without excess. **Our Lord Jesus Christ, 07.06.2021**

- Strengthens the immune system
- Helps reduce stress and anxiety, increasing alpha brain waves
- Delay cellular aging.
- Cardiovascular health: Prevent heart disease.
- Prevent infections.
- Improves overall quality of life
- Improves blood sugar levels, prevents diabetes
- Powerful antioxidant, cancer prevention
- Improves brain function: prevents degeneration and the development of neurological diseases such as Parkinson's and Alzheimer's, improves memory, concentration, headaches, migraine
- Promotes fat burning



HONEY

Beloved children, various illnesses will come together; keep the Good Samaritan Oil, the Oil of Saint Michael the Archangel, calendula, passionflower, garlic, ginger and honey to minimize the effects of the illnesses. **The Most Blessed Virgin Mary, 12.27.2024**

Honey has the following properties to strengthen the immune system:

- It is rich in antioxidants such as flavonoids and polyphenols that protect cells from damage caused by free radicals, weakening the immune system.
- It possesses natural antibacterial and antiviral properties. The glucose oxidase enzyme produces hydrogen peroxide when diluted, which helps to combat harmful pathogens.
- The phenolic and flavonoid compounds present in honey have antiinflamitory effects that promote healing of damaged tissues.
- It contains vitamins and minerals such as calcium, iron, vitamin C, that are important for maintaining a strong immune system.
- Honey can stimulate the body's immune response, for example, by activating white blood cells to release cytokines, which aid in tissue repair and strengthen defenses.
- Raw honey may contain probiotics like Lactobacillus kunquei, which can boost immune system activity



Scientific Name: quajava

Family: Myrtaceae

Psidiun



Illnesses are more than just a threat at this time, because they can arise from various sources of contamination. I asked our beloved Saint Michael the Archangel about some nutritional source to boost the immune system, and he mentioned "guava" as a great source of help for the immune system, which is inexpensive and found in most countries. I looked up the scientific name, which is psidium guajava; it has great nutritional and medicinal value, as its leaves, stems, and roots can be used. We will give you the necessary information, but we can consume guava without consuming the seeds, which are difficult to digest. Commentary of Luz de Maria, 9.22.25

Guava has the following properties:

- It is an exceptional source of vitamin C, which helps strengthen the body to fight viruses and bacteria, especially in the respiratory tract. Vitamin C is also crucial for the formation of collagen, which is important for the health of skin, bones, and teeth, as well as for the absorption of iron.
- It contains antioxidants such as lycopene, which protect the body's cells from damage caused by free radicals, reducing oxidative stress and the risk of chronic diseases.
- It helps prevent infections and reduce the duration and severity of the common cold

Note: Guava only provides health benefits when ripe. Avoid consuming it, as its tannins can cause digestive imbalance and constipation



GOOD SAMARITAN OIL

lague is advancing, My Children, it is advancing and changing into a pandemic, causing terror and fear. You have been warned by the Father's House and have the teachings about natural medicines for combating these contagious diseases. PREPARE THE OIL OF THE GOOD SAMARITAN TO PREVENT CONTAGION. The Most Holy Virgin Mary, 11.03.2019

Use the Oil of the Good Samaritan, the Oil of St. Michael the Archangel, calendula for hemorrhagic diseases. It is important that you strengthen your immune system. Daughter, explain to them what I will show you. (Saint Michael the Archangel shows me the way in which evil will attack us in the midst of the war. First will come spiritual, then material attack on food, clothing, medicines that are essential for some people, together with the restriction of individual freedoms as a result of the new disease). Saint Michael the Archangel, 02.19.2022

Great pestilences, plagues generated by unknown viruses are advancing upon humanity: use the oil of the Good Samaritan as protection faced with a case of a highly contagious disease where you live – the quantity of the head of a pin on the earlobes will suffice. If the number of those infected increases, you should put it on both sides of your neck and on the wrists of both hands. **The Most Holy Virgin Mary, 01.28.2020**

CHILDREN OF OUR KING AND LORD JESUS CHRIST, STRENGTHEN YOUR IMMUNE SYSTEM: a new disease is coming with greater force. For protection use the Good Samaritan Oil. Saint Michael the Archangel, 09.30.2023



GOOD SAMARITAN OIL

At the same time, spray the oil of the Good Samaritan on what you have chosen to protect your nose and mouth. **The Most Holy Virgin Mary, 12.21.2019**

The combination of these essential oils has the following properties:

- Strengthens the immune system
- Antiseptic
- Antibacterial
- Anti-infectious and antiviral Bactericidal and fungicidal

Application:

- Place daily on the ears and wrists and can also be placed on the spinal column to reach all the nerve endings and the different organs.
- In case of pandemic it can be placed on the soles of the feet a drop on each foot, since by this route the oil enters the bloodstream and reaches the brain in 5 seconds.
- A drop can be put on the mask to protect the nose and mouth from viruses and bacteria.
- In the absence of water, a hand gel can be made.

CHILDREN, HAVE YOU NOT ASKED YOURSELVES WHY IT IS THAT YOU SHOULD BE WEAKER FACED WITH RESPIRATORY DISEASES? Exposure to drastic changes in the climate greatly contributes to your bodies' being exposed to respiratory complications, but at the same time the hand of man is implicit, spreading chemicals and viruses through the air so that you fall sick more frequently, and these sometimes become mortal for human beings. Faced with this, you should protect yourselves in order to minimize exposure to white trails when they cover the atmosphere. At the same time, spray the oil of the Good Samaritan on what you have chosen to protect your nose and mouth. The Most Holy Virgin Mary, 12.21.2019

RESPIRATORY SYSTEM

PINE

MULLEIN

WHITE HAWTHORN

EUCALYPTUS

ECHINACEA

PINEAPPLE

AVOID CROWDS

EXPOSURE



PINE

Scientific sylvestris

Pinus

Family: Pinaceae

Name:

Remain on alert: serious epidemics are appearing before humanity and they attack the respiratory system, for which I call you to use PINUS NEEDLES/LEAVES, with extreme prudence, in doses no greater than twice a day, in the form of tea. **Our Lord Jesus Christ, 01.03.2019**

PINUS: Christ mentioned to me that Pinus is the tree known as Scots/Scotch pine, red pine, white pine; the pine exists throughout almost the whole world. It belongs to the Pinaceae family, Pinus sylvestris. Boil three tablespoons of dried pine needles/leaves in a liter of water (4.22 cups), take one cup twice a day. Not to be used by very small children or pregnant women. The scientific name is Pinus sylvestris, of the pinaceae family.

Attention, children! For various diseases, I have mentioned by Divine Will the use of pine. The Father's House does not abandon His children, warning and protecting them in advance. **The Most Holy Virgin Mary, 03.14.2021**

- Buds (new leave shoots) and leaves are used for respiratory affections such as cough, colds, chronic and acute colds, bronchitis, pneumonia, sinusitis, pharyngitis.
- Essential oils have balsamic, expectorant, antiseptic, anti-inflammatory and diuretic properties.
- Source of vitamin C



MULLEIN

Scientific Name: Verbascum

thapsus

Family: Scrophulariaceae

Use mullein and rosemary in discreet amounts. The Most Holy Virgin Mary, 01.28.2016

Mullein is used to treat the following conditions:

- Respiratory problems.
- Sore throat.
- Cough and colds (it has expectorant, cough suppressant properties
- Bronchitis, asthma, allergies, sore throat, tonsillitis, pharyngitis, sinusitis, pneumonia, pulmonary emphysema.
- Has anti-inflammatory properties Ear infection C
- Certain influenza viruses.
- Source of Zinc



Scientific Name: Randia karstenii

Family: Rubiaceae

Another disease is spreading affecting the respiratory system; it is highly contagious. Have holy water; use the white hawthorne and the echinacea plant to fight it. **The Most Holy Virgin Mary, 01.31.2015**

White Hawthorn has the following properties:

- Adjuvant to medication in recovery after a myocardial infarction
- Support for hypertensive people
- Natural support to prevent vascular accidents such as arteriosclerosis, angina pectoris and mild or incipient heart failure.
- It is an antispasmodic
- It helps with coughs



EUCALYPTUS

Scientific Name: Eucalyptus

Family: Myrtaceae

The plague is approaching: continue to use the Oil of the Good Samaritan, Eucalyptus leaves inside the homes, burning the leaves when necessary. **Saint Michael Archangel, 12.15.2020**

- Relieves colds and respiratory ailments.
 Antiseptic and disinfectant against viral processes.
- Helps to decongest the lungs.
- Helps to fight rheumatism.
- Effective in mouthwashes.
- To disinfect wounds.
- Stimulates the functioning of the immune system.



ECHINACEA

Scientific Name: Echinacea

purpurea

Family: Asteraceae

Another disease is spreading affecting the respiratory system; it is highly contagious. Have Holy Water; use the White Hawthorn and the Echinacea plant to fight it. **The Most Holy Virgin Mary, 01.31.2015**

Echinacea has the following properties related to the respiratory system:

- Fights respiratory system's diseases: sinusitis, pharyngitis, bronchitis.
- Reduces cold symptoms (mucus, cough, fever) and accelerates recovery.
- Acts preventively to reduce the effects of such pathologies.



PINEAPPLE

Scientific Name: Ananas

comosus L

Family: Bromeliaceae

Pray, My children, pray, pray: a new disease is emerging for the skin and respiratory system; it is very aggressive and invasive and is transmitted in a short space of time. TO COMBAT THIS DISEASE, TAKE PINEAPPLE (OR "PIÑA", DEPENDING HOW IT IS KNOWN WHERE YOU LIVE.) Add three slices of the fruit and a leaf of the same plant to boiling water and drink a liter of this decoction little by little during the day for several days. The plant called Mullein will also help you. **Our Lord Jesus Christ, 07.29.2023.**

Pineapple has the following properties related to the respiratory system:

- Thanks to the bromelain, it has an antitussive effect in cases of chronic bronchitis.
- It can alleviate symptoms provoked by respiratory conditions, such as cough with phlegm or congestion.
- It helps to improve breathing congestion and respiratory tract diseases.
- The enzyme bromelain, being mucolytic, breaks down mucus.
- It strengthens the immune system.
- Source of vitamin C



AVOID CROWDS

When you hear of a strongly contagious respiratory illness, do not expose yourselves in crowds, or in places where you have to share several hours with your brothers and sisters, for example in airplanes and collective means of transport. Wait patiently for the said disease to abate. People of God be obedient and be patient, so that with due discernment and given My calls, you are cautious in undertaking trips that are not a priority. Saint Michael Archangel, 08.18.2019

Little children, do not attend crowded places; there are people who are sick at this moment and who allow disease to progress by refusing to acknowledge that they are sick. **The Most Holy Virgin Mary, 01.20.2024**

EXPOSURE

My children are suffering more frequently from respiratory diseases, which increase, being recurrent and requiring long treatment. Children, have you not asked yourselves why it is that you should be weaker faced with respiratory diseases? Exposure to drastic changes in the climate greatly contributes to your bodies' being exposed to respiratory complications, but at the same time the hand of man is implicit, spreading chemicals and viruses through the air so that you fall sick more frequently, and these sometimes become mortal for human beings. Faced with this, you should protect yourselves in order to minimize exposure to white trails when they cover the atmosphere. At the same time, spray the oil of the Good Samaritan on what you have chosen to protect your nose and mouth.

Sick minds of powerful nations are the demons that spread the disease on My children in airplanes. Shut your homes and do not expose yourselves to the open air when you see strange forms in the atmosphere." The Most Holy Virgin Mary, 12.21.2019

PREPARE YOURSELVES TO FACE THE DISEASES THAT RESURFACE, you have already been warned and continue not to obey. Prepare yourselves! These diseases are increasing through infected creatures and spreading through the air via saliva. These diseases affect the respiratory system, even if you are told they do not. Maintain good hygiene, be cautious in treating the sick. Be insistent on proper nutrition and protecting the immune system. Saint Michael Archangel, 09.06.2024

DIGESTIVE SYSTEM ANGELICA ROSEMARY

FUMITORY

GINGER

PASSIONFLOWER



ANGELICA

Scientific Name: Angelica archangelica

L.

Family: Apiaceae

Serious illnesses are approaching that attack the digestive system; use the plant known as Angelica and use the whole plant properly, pregnant women being cautious. **The Most Holy Virgin Mary, 05.24.2017**

- Promotes digestion.
- Improves gastric juices secretion.
- Used to treat heavy digestions and the lack of appetite.
- To treat diseases that attack digestive system.
- Calms stomach cramps, aids in the elimination of gases.
- Combats reflux
- Effective against dyspepsia (heavy or slow digestion).
- Diuretic and expectorant properties
- Sedative effect



ROSEMARY

Scientific Name: Rosmarinus

officinalis L.

Family: Lamiaceae

Use mullein and rosemary in discreet amounts. The Most Holy Virgin Mary, 01.28.2016

Rosemary has the following properties related to the digestive system:

- Stimulates gastric and intestinal juices.
 Eliminates spasms, reduces gases, colic and flatulence.
- Used in gallbladder conditions and dispepsia.
- Facilitates the expulsion of bile retained in the gallbladder.
- Diuretic, anti-inflammatory, antioxidant effect.



Scientific Name: Fumitory

officinalis L.

Family: Papaveraceae

A NEW VIRUS WILL APPEAR...I call you to use the plant called Fumaria officinalis L. with its stems, flowers and leaves, marigold for the skin and garlic.

Our Lord Jesus Christ, 07.18.2022

Little children, not all organisms are the same nor do they respond in the same way, so be on alert and at the slightest sign use calendula, fumitory plant, St. Michael's Oil, Good Samaritan Oil and moringa. **The Most Holy Virgin Mary, 22.08.2024**

Fumitory has the following properties related to the digestive system:

- Beneficial in case of nausea, vomiting, flatulence and hepatobiliary disorders.
- It helps digestion by being a biliary and pancreatic secretion regulator
- It can be used as an aperitif for its spasmolytic and decongestant properties.

The internal consumption should be done with great caution



GINGER

Name: Scientific officinale

Zingiber

Family: Zingiberaceae

AS MOTHER, I ASK YOU OBSERVE, AS PART OF YOUR DIET FOR LIFE, THE DAILY NEED TO INGEST VITAMIN C, TO INGEST RAW GARLIC OR GINGER DAILY. The Most Holy Virgin Mary, 03.12.2017

> It has the following properties for the digestive system:

- infections. intestinal bacterial • Fights Improves digestion
- Helps to reduce inflammation of the body, being useful for nausea, vomiting, fluid retention, gastric disorders.



PASSION FLOWER

Scientific Name:

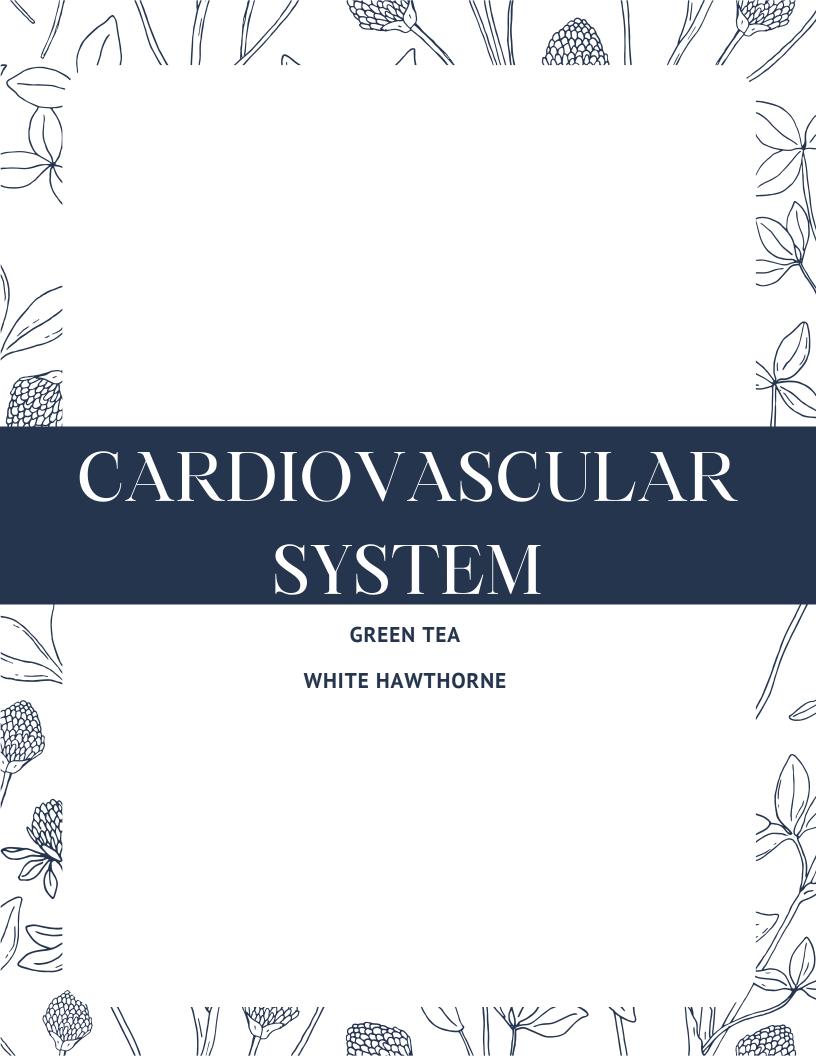
edulis

Family: Passifloraceae

Passiflora

Beloved children, various illnesses will come together; keep the Good Samaritan Oil, the SAINT MICHAEL THE ARCHANGEL OIL, calendula, passionflower, garlic, ginger and honey to minimize the effects of the illnesses. **The Most Holy Virgen Mary, 12.27.2024**

- Contains vitamin A, E and C as well as fiber, which helps regulate digestion, reduce cholesterol and strengthen the immune system.
- Relieves digestive problems: to treat gastrointestinal problems, as it contains anti- inflammatory and antispasmodic properties that combat digestive problems associated with gastritis and colitis.
- Combats constipation and promotes healthy intestinal flora.
- It is recommended to relieve mental stress and sleep. It is also used to treat allergies such as asthma or sinusitis.
- Its sedative or tranquilizing properties, due to the presence of the alkaloid passiflorine.





GREEN TEA

Scientific Name:

sinensis

Family: Theaceae

Camellia

My Beloved People, to keep the immune system high, take Moringa for no longer than two weeks, then rest for three weeks and begin again. Drink Green Tea, without excess. Our Lord Jesus Christ, 07.06.2021

- It prevents heart disease.
- Rich in antioxidants: Contains polyphenols catechins (such as EGCG) that fight free radicals and oxidative damage in the body.
- Helps reduce "bad" cholesterol (LDL) levels.
- Reduces inflammation, which is essential for vascular health.
- May help reduce high blood pressure.
- Prevents clot formation: Its compounds can inhibit blood clotting.
- Contributes to better circulation.



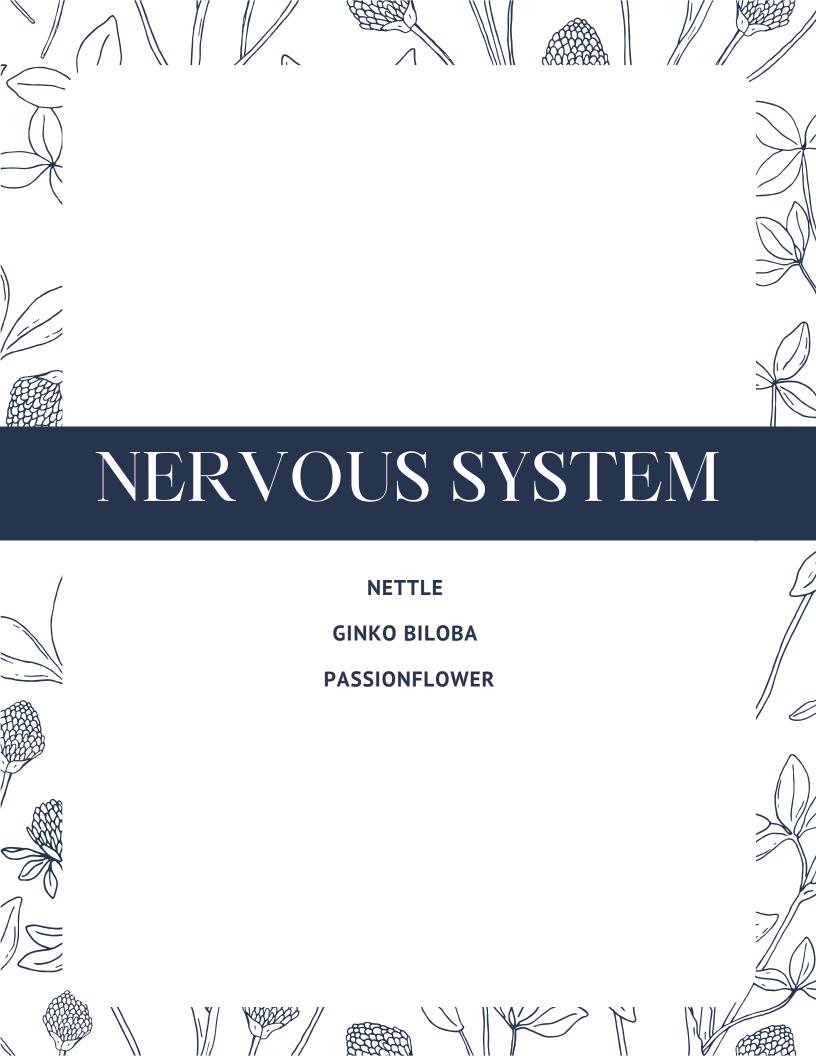
Scientific Name: Randia karstenii

Family: Rubiaceae

Another disease is spreading affecting the respiratory system; it is highly contagious. Have holy water; use the white hawthorne and the echinacea plant to fight it. **The Most Holy Virgin Mary, 01.31.2015**

White Hawthorn has the following properties:

- Improved coronary circulation
- Regulates heart rate and blood pressure, tones the myocardium
- Adjuvant to medication in the recovery from a myocardial infraction
- Support for people with hypertension
- Natural support to prevent vascular accidents such as arteriosclerosis, angina, and mild or early heart failure
- Thanks to its relaxing and sedative properties, white hawthorne acts on the sympathetic nervous system



Scientific Name: *Urtiga dioica L.* **Family:** Urticaceae

The Blessed Mother announced to me a disease that will attack the nervous and immune system causing serious problems on the skin, for which she told me to use the leaf of the nettle and ginkgo plants. Luz de María Reflection, 11.10.2014

It has the following properties:

- As a painkiller, it helps to manage both anxiety and stress and to treat other nervous problems.
- It has benefits to retard aging and prevent memory-related problems.
- Anti-inflammatory, antiviral, antimicrobial, hepato-protective.
- It can be used to combat many ailments. The most effective way to ingest it is as infusion.
 The infusion of nettle benefits the kidneys increasing urine production and uric acid elimination.



GINKO BILOBA

Scientific Name: Ginkgo biloba L.

Family: Ginkgoaceae

The Blessed Mother announced to me a disease that will attack the nervous and immune system causing serious problems on the skin, for which she told me to use the leaf of the nettle and ginkgo plants. Luz de María Reflection, 11.10.2014

It has the following properties allusive to the Nervous System:

- It has a brain protective effect against senile dementia, stroke and neurodegenerative diseases.
- It has an effect on behavior, learning and memory.
- Regulates hypertension, asthma, vertigo and arteriosclerosis.
- Vertigo
- Improves blood flow
- Improves nervous and mental balance.



PASSION FLOWER

Scientific Name:

Passiflora

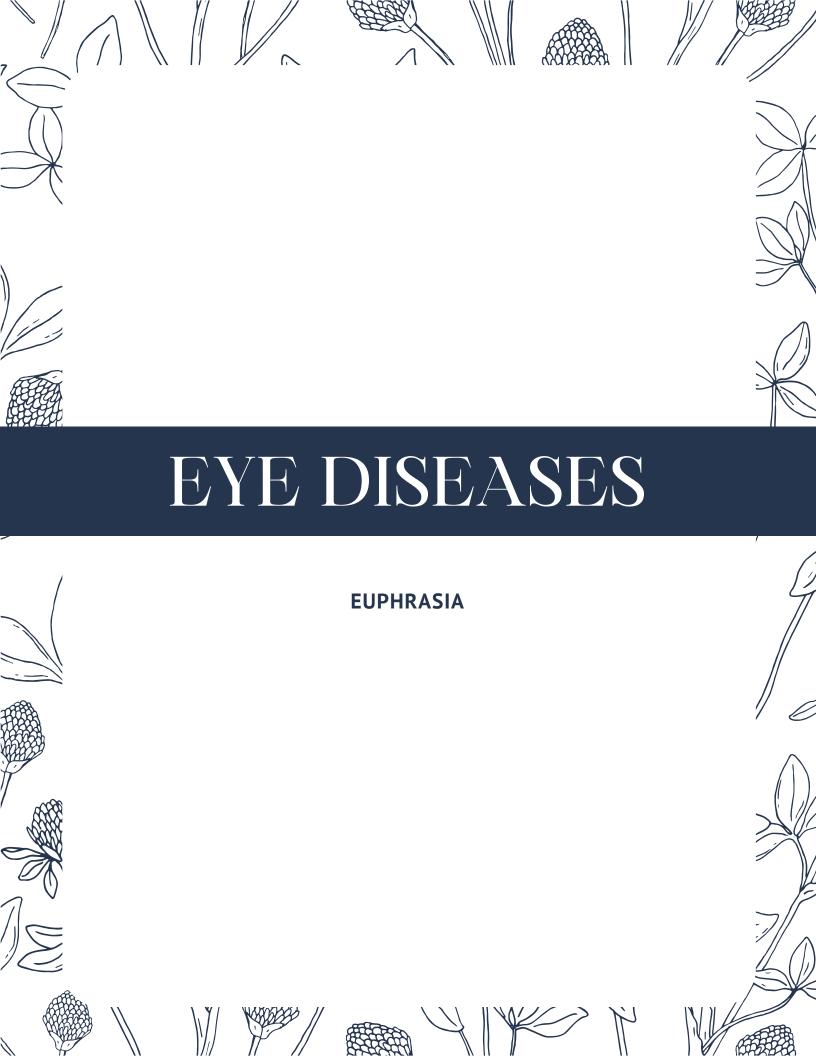
edulis

Family: Passifloraceae

Beloved children, various illnesses will come together; keep the Good Samaritan Oil, the SAINT MICHAEL THE ARCHANGEL OIL, calendula, passionflower, garlic, ginger and honey to minimize the effects of the illnesses. The Most Holy Virgen Mary, 12.27.2024

It has the following properties:

- It is recommended to relieve mental stress and sleep.
- It is also used to treat allergies such as asthma or sinusitis.
- Its sedative or tranquilizing properties, due to the presence of the alkaloid passiflorin.
- It has anti-inflammatory effects on the nervous system, which could be useful to treat diseases such as epilepsy.
- It can help reduce blood pressure and prevent vascular diseases.
- Inhibits the growth of harmful bacteria harmful to the body.





EUPHRASIA

Scientific Name:

officinalis L

Family: Orobanchaceae

Euphrasia

A disease is coming that will attack the eyes; for this, use the plant known as Euphrasia. The Most Holy Virgin Mary, 05.24.2017

It has ophthalmic properties:

- Euphrasia is known as the myopic herb.
- It strengthens the eyes, both internally and externally. Tones and relieves eye inflammation.
- Decongestant and soothing for the eyes.
- Serves as an anti-bactericide and to treat conjunctivitis and styes.

Internal Application:

 This plant has been ingested to improve the eyesight, in addition to healing the ocular surface, relieving inflammation and excessive tearing, fights eye infections and reduces visual inflammations. If it is regularly taken in infusions, it prevents and reduces cataracts and carnosities of the eyes.

External Application:

 For its astringent and sedative activity, its infusion is applied in cases of conjunctivitis, blepharitis, sties, and other eye conditions with inflammation, redness, itching or tearing. It is also useful in catarrhal conditions of other mucous membranes, such as the nasal and middle ear (congestive otitis). It is excellent for healing wounds. My people, the suffering of humanity will be fiercer for all; disease continues and then the skin will be the nesting-place for another disease.

Our Lord Jesus Christ, 07.22.2021

Pray, People of God, pray tirelessly so that the human skin disease would be promptly overcome when treated with Heaven's medicines. Saint Michael the Archangel, 12.15.2020

SKIN DISEASES

CALENDULA

ARTEMISA ANNUA

NETTLE

GERANIUM

FUMITORY

SAINT MICHAEL THE ARCHANGEL OIL

PINEAPPLE

MORINGA

HOLY WATER

GOOD SAMARITAN OIL



CALENDULA

Scientific Name: officinalis

Family: Asteraceae

Keep in mind the Medications My House has given you so that at this moment you may combat illnesses without creating confusion about their preparation. Use as of now calendula cream once a week on your arms and hands, protecting yourselves from the sun. **Our Lord Jesus Christ, 10.10.2025**

A NEW VIRUS WILL APPEAR...I call you to use the plant called Fumaria officinalis L. with its stems, flowers and leaves, marigold for the skin and garlic.

Our Lord Jesus Christ, 07.18.2022

A strange illness is coming to humanity, high fevers and wounded skin will be a scourge from one instant to another, for which you should use the plant called calendula. Saint Michael Archangel, 04.04.2019

Beloved children, disease is coming closer to you: it will spread until it infects as many human beings as possible. The disease is highly and rapidly contagious, so air travel and all types of public transport will be affected because of contagion.

I HAVE CALLED YOU TO USE THE OIL OF THE GOOD SAMARITAN AND CALENDULA TO PREVENT THE PROPAGATION OF THIS DISEASE, WHICH WILL SPREAD TO SO MANY OF MY CHILDREN. It will begin with fever and bodily discomfort; there will be a strong cough and then small wounds will appear on the skin until these become larger wounds, this being the indicator of this disease.



CALENDULA

officinalis *Family:* Asteraceae

Name:

Scientific

IT IS A VARIANT OF LEPROSY THAT WILL AFFECT MY CHILDREN, and it will continue to develop in this way until the body is affected in its entirety if you do not do hurry to take the appropriate measures. **The Most Holy Virgin Mary, 04.23.2024**

The disease will appear on the skin and worsen by invading the organs of the human body, with external bleeding. I call you to have the Good Samaritan oil and calendula. **The Most Holy Virgin Mary, 10.14.2024**

For the skin, have calendula: it is necessary that you do not forget it at the slightest sign on the skin - use it. **The Most Holy Virgin Mary, 02.18.2023**

Pray children, pray, pray, the new disease will be very serious and contagious to the point of being lethal. Protect your immune system and have calendula cream and moringa ready for you to take. **Our Lord Jesus Christ, 08.22.2022**

Calendula is used to treat the following skin conditions:

- Relieves burns, irritations and inflammations.
- Relieves pain caused by insect bites, bruises and bumps.
- In skin burns it reduces inflammation and soothes pain.
- Stimulates skin regeneration and promotes collagen production.
- Promotes wound healing and regeneration.
- Helps in case of dermatitis and to improve chapped skin.



ARTEMISA ANNUA

Scientific Name: annua L.

Artemisia

Family: Asteraceae

My people, I see beyond, and the disease that is approaching humanity will find a cure with the plant artemisia annua l. on the skin. Our Lord Jesus Christ, 01.04.2018

The pestilence is renewed by those who serve the antichrist and watch as the economy succumbs. Before this, I invite you, children, to resort to the health of the body by means of what nature provides for the good of the body in the face of the current disease: The use of Artemisia annua L. The Most Holy Virgin Mary, 10.11.2014

> Artemisia has the following properties related with skin diseases:

- Due to its active principles it is involved in the treatment of a great variety of conditions and diseases.
- Promotes skin health through antioxidants that help maintain a healthy skin, avoiding damage caused by free radicals.



The moment of purification is coming; the disease will change course and will reappear on the skin. Saint Michael Archangel, 09.01.2020

NOTE: The Most Holy Virgin Mary has indicated some plants that favor the treatment of skin diseases, namely: calendula, artemisia, sagebrush, mug wart, nettle and geranium.

Nettle has the following properties:

- It is an effective astringent plant, hemostatic (cuts bleeding), purifying and for its protein and amino acid content is also moisturizing and softening.
- It is used in the treatment of ulcers, superficial wounds, seborrheic dermatitis, rashes, acne.



GERANIUM

Scientific Name: Geranium Family: Geraniaceae

Be aware that for skin disease geranium is a noble plant that you can use externally. Our Queen and Mother has already recommended it. Saint Michael Archangel, 11.04.2021

On April 20, 2020, during a cenacle, the Most Holy Virgin Mary recommended to Luz de Maria the use of the geranium, a plant that has properties that favor the treatment of skin diseases; and she explained that these diseases will come, and that to treat them we must possess this plant and know how to use it. **The Most Holy Virgin Mary, 04.20.2020**

Have geranium with you, called the SAINT MICHAEL THE ARCHANGEL OIL by My children, in honor of My beloved Archangel. **Our Lord Jesus Christ, 09.21.2021**

For its properties and benefits it is used:

- In the treatment of acne, dermatitis, eczema, burns and ulcers.
- It helps to fade scars and skin blemishes.
- To relieve muscular pains (oil) and circulatory problems.
 As it is a powerful healing agent, it is used to heal wounds (hemostatic).
- Its oil is very effective in natural and direct cleaning on the skin.





Scientific Name: Geranium

Family: Geraniaceae

- As an anti-inflammatory and in relieving menstrual pain. It has antibacterial properties so it prevents microbes from developing in wounds.
- With antifungal and antiseptic properties.
- adjuvant in the As growth of bodv cells an (regeneration), as it promotes cellular health, and promotes the recycling of dead cells.

Application:

- There is no dosage as such, it all depends on the use to be given and the condition to be treated.
- It has properties that favor the treatment of skin diseases and antibiotics. It is applied on the affected places with moderation. It can be used once a day and more times depending on the case, without overdoing it in order not to irritate the skin.



Scientific Name: Fumitory

officinalis L.

Family: Papaveraceae

A NEW VIRUS WILL APPEAR...I call you to use the plant called Fumaria officinalis L. with its stems, flowers and leaves, marigold for the skin and garlic.. Our Lord Jesus Christ, 07.18.2022

Pray, children of Our King and Lord Jesus Christ, pray concerning the new disease with high fever, which will severely affect the respiratory tract, and human skin will become dark and flaky. I call you to use the Oil of St. Michael the Archangel on the skin, the medicinal plant fumitory and the Oil of the Good Samaritan. Saint Michael the Archangel, 03.17.2023

The Father's House has forewarned you of a new disease that will spread, and yet you do not believe it. To face this new disease you have calendula, fumitory and the Oil of the Good Samaritan. **The Most Holy Virgin Mary, 03.06.2023**

It has the following skin-related properties:

- It is used in the treatment of eczema, skin eruptions, urticaria, pimples, herpes, boils
- External applications are used to clean and disinfect the skin in case of acne, boils or small wounds
- It has healing properties
- Antimicrobial activity against Gram-positive organisms,
 Bacillus anthracis and Staphylococcus, and also against yeasts.



SAINT MICHAEL THE ARCHANGEL OIL

Have geranium with you, called the Oil of St. Michael the Archangel by My children, in honor of My beloved Archangel. **Our Lord Jesus Christ, 09.21.2021**

Little children, not all organisms are the same nor do they respond in the same way, so be on alert and at the slightest sign use calendula, fumitory plant, St. Michael's Oil, Good Samaritan Oil and moringa. **The Most Holy Virgin Mary, 08.22.2024**

- It has the following properties allusive to the skin: Geranium is a tissue regenerator, anti-inflammatory, works wounds, skin burns, hemorrhoids.
- Lavender works skin allergies, soothes insect bites, burns, pains, bruises, analgesic, skin rashes, boils, hay fever, typhoid fever.



PINEAPPLE

Scientific Name: Ananas

comosus L

Family: Bromeliaceae

Pray, My children, pray, pray: a new disease is emerging for the skin and respiratory system; it is very aggressive and invasive and is transmitted in a short space of time. TO COMBAT THIS DISEASE, TAKE PINEAPPLE (OR "PIÑA", DEPENDING HOW IT IS KNOWN WHERE YOU LIVE) Add three slices of the fruit and a leaf of the same plant to boiling water and drink a liter of this decoction little by little during the day for several days. The plant called Mullein will also help you. **Our Lord Jesus Christ, 07.29.2023.**

Pineapple has the following properties allusive to the skin:

- Facilitates skin healing.
- Improves the ulcers caused by burns.
- Because of its vitamin E and vitamin C content, help to renew the skin and protect it from external agents.
- It can alleviate fever as well as burns.
- It has anti-inflammatory properties



MORINGA

Scientific Name: oleifera

Family: Moringaceae

Moringa

Pray children, pray, pray, the new disease will be very serious and contagious to the point of being lethal. Protect your immune system and have calendula cream and moringa ready for you to take. **Our Lord Jesus Christ**, **08.22.2022**

Little children, not all organisms are the same nor do they respond in the same way, so be on alert and at the slightest sign use calendula, fumitory plant, St. Michael's Oil, Good Samaritan Oil and moringa. The Most Holy Virgin Mary, 08.22.2024

It has the following properties:

- Protects and nourishes the skin and hair.
- It contains moisturizing and detoxifying elements,
 which strengthen the skin and hair.
- It can be effective in curing skin infections and sores.
- Moringa's anti-inflammatory properties can be effective in preventing the development of edemas



HOLY WATER

You are living in a state of alert because of the skin disease that I had already announced to you. Yet this will not end here, but another skin disease will appear, generated by misused science, which is today's Herod. Persevere, My children, being attentive to healing plants, about which My House is letting you know and whose use has been explained to you. I LOVE YOU, MY CHILDREN, AND I DESIRE THE GOOD OF EACH ONE OF YOU. I therefore call you to mark yourselves with holy water, just as in your homes the door and window frames must remain sealed with holy water. Our Lord Jesus Christ, 05.27.2022



The disease will appear on the skin and worsen by invading the organs of the human body, with external bleeding. I call you to have the Good Samaritan oil and calendula. **The Most Holy Virgin Mary, 10.14.2024**

Beloved children, disease is coming closer to you: it will spread until it infects as many human beings as possible. The disease is highly and rapidly contagious, so air travel and all types of public transport will be affected because of contagion.

I HAVE CALLED YOU TO USE THE OIL OF THE GOOD SAMARITAN AND CALENDULA TO PREVENT THE PROPAGATION OF THIS DISEASE, WHICH WILL SPREAD TO SO MANY OF MY CHILDREN.

It will begin with fever and bodily discomfort; there will be a strong cough and then small wounds will appear on the skin until these become larger wounds, this being the indicator of this disease.

It is a variant of leprosy that will affect My children, and it will continue to develop in this way until the body is affected in its entirety if you do not do hurry to take the appropriate measures. The Most Holy Virgin Mary, 04.23.2024



Children of Our King and Lord Jesus Christ and of Our Queen and Mother, persevere in the faith; the disease is already to be found within humanity and has been spread in some countries so that it can reach more places. Saint Michael the Archangel, 05.28.2024

Brothers and sisters, we well know that our Mother speaks to us of the disease that is derived from leprosy, although with lesser effects. Let us remain alert and have faith that Our Lord Jesus Christ and Our Blessed Mother will never forsake us. San Miguel Arcángel, 28.05.2024

This virus is painful because of the rashes on the skin, which become infected and thus reproduce in the body. You already know the plants necessary to fight the disease, provided that the disease is discovered and combated quickly.

Little children, not all organisms are the same nor do they respond in the same way, so be on alert and at the slightest sign use calendula, fumitory plant, St. Michael's Oil, Good Samaritan Oil and moringa. **The Most Holy Virgin Mary, 08.22.2024**

ANTIBIOTIC PROPERTIES OREGANO RAW GARLIC GINGER GERANIUM

ROSEMARY

ECHINACEA



OREGANO

Originary from Europe Scientific Name: Origanum

vulgare

Family: Lamiaceae

Originary from America Scientific Name: Lippia

graeolens

Family: Verbenaceae

After the message from the blessed Mother on June 3, 2016, Luz de María had a vision in which she was given the following indications as natural remedies for the illnesses that are approaching. Our Mother told me that true plagues will come and that we should ingest a raw clove of garlic every morning, or oil of oregano; these two are excellent antibiotics. If oil of oregano is not available, oregano can be boiled to make an infusion; however, the Oil of Oregano is a better antibiotic. The Most Holy Virgin Mary, 06.03.2016

Has the following properties:

- Very powerful antibiotic, with anti- inflammatory action. Fight microbes (fungus and bacteria).
- Relieves cough, eliminates viruses, treats flu, stimulates the immune system.
- Reduces skin infections.
- Fights free radicals and delays aging due to the antioxidant effect.
- Useful pain reliever in case of sprains, light pobalgias, arthritis, toothache, burns, cuts and scratches.



A NEW VIRUS WILL APPEAR...I call you to use the plant called Fumaria officinalis L. with its stems, flowers and leaves, marigold for the skin and garlic.

Our Lord Jesus Christ, 07.18.2022

It has the following properties:

• It has a bactericidal effect.

Family: Zingiberaceae

Name:



Beloved children, various illnesses will come together; keep the Good Samaritan Oil, the Oil of Saint Michael the Archangel, calendula, passionflower, garlic, ginger and honey to minimize the effects of the illnesses. The Most Holy Virgin Mary, 27.12.2024

It has the following properties:

• It is expectorant and antibiotic.



GERANIUM

Scientific Name: Geranium *Family:* Geraniaceae

Have geranium with you, called the Oil of St. Michael the Archangel by My children, in honor of My beloved Archangel. **Our Lord Jesus Christ, 09.21.2021**

For its properties and benefits it is used:

- As a cicatrisant it is used to heal wounds (hemostatic).
- As an anti-bactericide it prevents microbes from developing in wounds.



ROSEMARY

Scientific Name: Rosmarinus

officinalis L.

Family: Lamiaceae

Use mullein and rosemary in discreet amounts. The Most Holy Virgin Mary, 01.28.2016

Rosemary has the following uses as antibiotic:

- Effective against bacteria, fungi and other microorganisms.
- In oil it is excellent to fight bacteria such as:
 Bacillus sibtilis, Staphylococcus aureus,
 Escherichia coli, Microcuccus luteus, Vibrio cholerae, S. albus, Corynebacteriun spp,
 Salmonella spp and Listeria monocytogenes.



Scientific Name: Echinacea

purpurea

Family: Asteraceae

It has the following properties:

- It is a natural antibiotic
- It helps with infectious processes, as it acts as a blocker of the action of viruses and bacteria.

Important Considerations:

- Recently, the European Herbal Medicinal Products Committee (HMPC)
 warned that echinacea may cause allergic reactions in children under
 twelve years of age. Some of such allergic reactions are: Hives, skin
 inflammations and rashes; Anaphylaxis (generalized immune reaction
 of the organism); Asthma and respiratory problems.
- Its use is also not recommended in people suffering from autoimmune or hepatic diseases, and during pregnancy and breastfeeding, a specialist should be consulted before taking it.
- The consumption of echinacea may interact with certain substances and medications. For example, in the case of coffee, it reduces the usual capacity with which our organism decomposes caffeine and, in relation to medicines, it hinders the synthesis of those that are eliminated through the liver.
- Its consumption should be avoided for a fairly long period of time.

The purification of humanity will bring with it - great and serious earthquakes that have already been predicted... famine, which will take hold within humanity... and new diseases that can be found on Earth and will spread rapidly, turning into pandemics. Because of this, by Divine Will you have the medicinal plants with which to deal with them. This is not something that happens from one moment to another, but which is planned by the great elites who want to halt the growth of humanity, **The Most Holy Virgin Mary, 11.22.2023**

EPIDEMICS AND PANDEMICS

SACRAMENTALS, HOLY OIL Y HOLY WATER
GOOD SAMARITAN OIL
ROSARY OF THE PRECIOUS BLOOD OF CHRIST
HOLY TRISAGION
THE MIRACULOUS MEDAL
SEAL WITH THE BLOOD OF CHRIST

BLESS FOOD



EPIDEMICS AND PANDEMICS

You must have the medicines that Heaven has given you in order to overcome the illnesses that will come. Only Faith in what the Father's House has revealed to you will heal you, together with the use of the Sacramentals. Do not speculate concerning the Sacramentals, they all depend on your Faith. Use the Oil of the Good Samaritan, the Oil of Saint Michael the Archangel, calendula for hemorrhagic diseases. It is important that you strengthen your immune system. Daughter, explain to them what I will show you. (Saint Michael the Archangel shows me the way in which evil will attack us in the midst of the war. First will come spiritual, then material attack on food, clothing, medicines that are essential for some people, together with the restriction of individual freedoms as a result of the new disease). Saint Michael the Archangel, 02.19.2022

Many of My white-haired children will gradually disappear, without this being the Will of the Eternal Father. Strings are being pulled: the middle-aged will follow. Unknown forms of suffering will arise unexpectedly. How My Maternal Heart groans! What lamentation everywhere! The Most Holy Virgen Mary, 11.20.2021

You must think not only of the consequences of war, but at the same time, of the new and already known diseases that are highly contagious and occurring on Earth. Children of My Immaculate Heart, you will once again face what will cause you to live in a plague that will advance and become a pandemic in a very short time. **The Most Holy Virgin Mary, 11.20.2024**



SACRAMENTALS, HOLY OIL Y HOLY WATER

I invite you not to forget the use of sacramentals. In case of contagious diseases (pestilences, plagues, others) anoint the doors and windows with holy oil.

If you find yourselves sick, sprinkle the food with holy water and keep in mind the use of the medicinal plants My Mother has indicated you use for these unexpected circumstances. Be creatures firm in faith, knowing that being endowed with reason and intelligence, you consciously obey the guidelines that the leaders of your countries indicate to you. My call is to remain alert. In this moment, humanity is threatened by illness. So at this time, you should protect and help one another with authentic love and with mercy, caring for your brothers/sisters as much as is possible, in the same way that you care for yourselves, and remain in your homes when your countries are being threatened by some epidemic.

If, at this moment, you are not suffering from nature's attacks, from diseases, or from hunger, do not be indifferent toward those that are suffering, since no nation can assure it will not suffer these calamities at some moment. The cold-heartedness and indifference before suffering is an example of the estrangement that man maintains with My House. The Christian accompanies, suffers, and rejoices with his /her neighbor, because he/she knows that a neighbor is the image and likeness of his/her Creator. Our Lord Jesus Christ, 05.2009



SACRAMENTALS, HOLY OIL Y HOLY WATER

I call you to continue with lasting spiritual change; save your souls, little children. Be of My Divine Son. Carry the sacramentals with you, not forgetting the Rosary. Little children, in order for the sacramentals to exert their protection over you, you must be reconciled with My Divine Son and with your brothers and sisters (cf. Mt. 5:23-24), you must live the Commandments, receive My Divine Son in the Holy Eucharist, having gone to confession beforehand, and pray. **The Most Holy Virgin Mary, 01.10.2024**



Great pestilences, plagues generated by unknown viruses are advancing upon humanity: use the oil of the Good Samaritan as protection faced with a case of a highly contagious disease where you live – the quantity of the head of a pin on the earlobes will suffice. If the number of those infected increases, you should put it on both sides of your neck and on the wrists of both hands. **The Most Holy Virgin Mary, 01.28.2020**

Pray My children, be careful: the virus has not disappeared, use the oil of the Good Samaritan to prevent contagion, always accompanied by Faith. **The Most Holy Virgin Mary, 06.25.2020**

Important:

Keep in mind that the oil is to PREVENT viral diseases NOT a medicine.

EVERY MEDICATION GIVEN BY HEAVEN CONTAINS THE MAIN INGREDIENT THAT IS FATIH.



Suffering is coming to humanity, great suffering is coming, pandemics are coming. Because of this, the Father's House has allowed Our Queen of Heaven and Earth to be the one who with Her Love gives you means of protection from the diseases that are coming to humanity. Do not forget that everything must be used with faith, faith is the main ingredient for miracles to be accomplished.

Saint Michael the Archangel, 03.08.2020

The plague is approaching, continue to use the Oil of the Good Samaritan, Saint Michael the Archangel, 12.15.2020

My People, prepare yourselves! Calamities are calamities, persecutions are persecutions. Plagues will increase and will be increasingly unknown. My Mother has given you the protection against the plagues: The Oil of the Good Samaritan and other means to fight what science will not succeed in fighting. **Our Lord Jesus Christ, 08.06.2016**

Plague is advancing, My Children, it is advancing and changing into a pandemic, causing terror and fear. You have been warned by the Father's House and have the teachings about natural medicines for combating these contagious diseases. Prepare the Oil of the Good Samaritan to prevent contagion. The Most Holy Virgin Mary, 11.03.2019



After the message from the blessed Mother on June 3, 2016, Luz de María had a vision in which she was given the following indications as natural remedies for the illnesses that are approaching.

Suddenly, our Mother raises Her other Hand and I see human creatures sick with great plagues; I see a healthy person approach a sick one and is immediately infected... I ask our Mother: How can we help these brothers? and She says: use the Oil of the Good Samaritan. I gave you the necessary and convenient ingredients. **The Most Holy Virgin Mary, 06.03.2016**

The recipe that the Most Holy Virgin Mary has provided uses pure essential oils. If these oils are not found, you can get the equivalent herbs to elaborate each oil and find a way to extract them and then blend them together.



ROSARY OF THE PRECIOUS BLOOD OF CHRIST

Tell them to pray the Rosary of My Precious Blood, and to use what My Mother has given them for combating pestilences and plagues. **Our Lord Jesus Christ, 07.10.2016**



PRAY THE HOLY TRISAGION

She has called us in the past to pray and meditate the Holy Rosary and the Trisagium, since they deliver us from earthquakes, plagues and more. **Commentary of Luz de María, 03.08.2010**

The earth will tremble: I call you to not forget that where a soul devout to The Most Holy Trinity dwells and prays the Holy Trisagion, lessening of the scourges will be granted. **The Most Holy Virgin Mary, 09.29.2010**

Pray the Holy Trisagion with love and reverence. Saint Michael the Archangel, **08.12.2024**



THE MIRACULOUS MEDAL

Our Lord Jesus Christ tells us to carry the Miraculous Medal with Faith, as a sacramental we can always take with us, as well as in our homes, placing it behind the entrance door and in the windows that face the exterior.

The silent step of the plague that will raze the life of men is heavy. Only My Mother's Help will be able to stop it; use the Miraculous Medal to this purpose, carrying faith before you as the Banner of Triumph. Our Lord Jesus Christ, 05.30.2013

Immerse the medal of My Mother, known as the Miraculous Medal, in the water that you are about to drink (*). Our Lord Jesus Christ, 04.02.2025

(*) Our Lord explained to me that when illness comes, we should, with great faith, immerse the Miraculous Medal in each glass of water we drink, then remove it and drink the water. He indicated to me that this recommendation is only for drinking water, not for cooking or other uses.





SEAL WITH THE BLOOD OF CHRIST

Our Lord Jesus Christ calls us to seal ourselves in the Name of His Precious Blood and to bless the food with the Signal of the Cross, before consuming it.

CHILDREN OF OUR KING AND LORD JESUS CHRIST, PROCLAIM WITH FAITH:

Facing every attack, proclaim:

Precious Blood of Christ, free me from what is not Your Will.

Facing all threats, proclaim:

Precious Blood of Christ, free me from the snares of the Devil.

Facing any injustice, proclaim:

Precious Blood of Christ, send Your Angelic Legions to defend me.

Faced by a lack of faith, proclaim:

Precious Blood of Christ, fill me with Your Holy Spirit.

In these times of spiritual struggle, proclaim:

Precious Blood of Christ, send Our Commander of the Heavenly Armies to keep me within Her Immaculate Heart, which the Devil fears and from which he flees in horror and terror. Saint Michael the Archangel, 05.28.2024

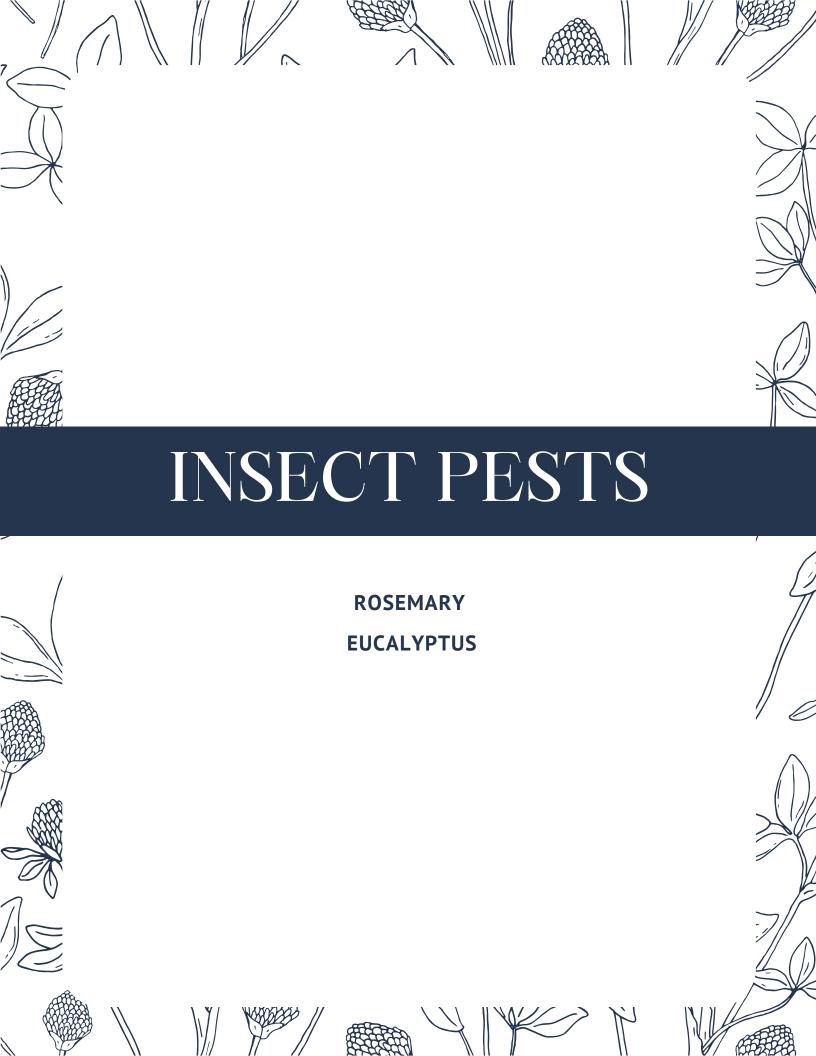


BLESS FOOD

Our Lord Jesus Christ calls us to seal ourselves in the Name of His Precious Blood and to bless the food with the Signal of the Cross, before consuming it.

Plagues advance causing havoc, seal yourselves in the Name of My Blood. Bless your food with the sign of My Cross and maintain faith alive. **Our Lord Jesus Christ, 02.12.2012**

My Mother and My beloved Saint Michael the Archangel have provided you with medicines to fight the current diseases and those to come. Bless the food that you put in your mouths. The contamination of the fruits of the earth is harmful for the human body. **Our Lord Jesus Christ, 05.22.2021**





INSECTS

Plagues will spread throughout the Earth; insects will invade everything in their path. Houses will need to be protected in their doors and windows, and you must not go out from where you are until the said plague ends - otherwise you will suffer serious lesions. Saint Michael the Archangel, 08.18.2019

Without forgetting the use of medicinal plants and oils for the cure of the diseases that are already scourging the Earth and are contagious:

- like the laboratory-created variant of leprosy...
- those caused by mosquitoes, being very detrimental to the health of the human creature...Saint Michael the Archangel, 08.31.2024

Pray, children of Our King and Lord Jesus Christ, pray that you would obey and heed this call in which I warn you of diseases caused by a mosquito. Prepare, starting with the United States, Mexico, Central America, Panama and South America, where the invasion of various insects will bring different diseases to people, causing serious health problems. Protect yourselves, cover windows that open to provide your homes with ventilation, doors and wherever these insects can penetrate and cause sickness. Use the Good Samaritan Oil. Saint Michael the Archangel, 06.19.2024



ROSEMARY

Scientific Name: Rosmarinus

officinalis L.

Family: Lamiaceae

"Use mullein and rosemary in discreet amounts." The Most Holy Virgin Mary, 01.28.2016

Rosemary has the following property:

 As an oily or alcoholic solution, it is used as insect repellent.



EUCALYPTUS

Scientific Name: Eucalyptus

Family: Myrtaceae

The plague is approaching: continue to use the Oil of the Good Samaritan, Eucalyptus leaves inside the homes, burning the leaves when necessary. Saint Michael the Archangel, 12.15.2020

It has the following property:

It is an effective insect repellent.

It is necessary for humanity to cry out to the Most Holy Trinity in order to obtain Divine Mercy and for this pandemic be appeased in the Divine Will, and together with prayer, I invite you to place blessed oil - and if you have the oil of the Good Samaritan, put a drop of this oil in the blessed oil - and with it mark the frame of the front door of your house and of the rear door, as well as to remain in a state of Grace, which is essential at this time. The Most Holy Virgin Mary, 03.15.2020

HOUSEHOLD PROTECTION

EUCALYPTUS



HOUSEHOLD PROTECTION

Children of Our King and Lord Jesus Christ, objects from heaven will fall to Earth and cause serious disasters. I call you to have lanterns in your homes for the night. Saint Michael the Archangel, 05.13.2023

Place a blessed palm cross on the door to your home on the inside. And again put holy oil on the doorframe, and above all, be humble creatures, creatures of God, and consecrate yourselves anew to the Sacred Hearts. Saint Michael the Archangel, 08.12.2024

Beloved children, My Divine Son calls you to be permanent worshipers. Consecrate your homes to our hearts. Those who must leave their homes will feel the inspiration of the Holy Spirit. Remain in faith, without despair. **The Most Holy Virgin Mary, 07.10.2024**

CONSECRATE YOUR HOMES TO THE PRECIOUS BLOOD OF MY DIVINE SON IN THESE HOLY DAYS WITH PRAYER THAT IS BORN FROM EACH PERSON'S HEART. The Most Holy Virgin Mary, 04.05.2023

A comet will show up that will convulse all humankind. Stay at home. Have Holy Water at hand. In all the homes there must be a Bible, in all the homes dedicate a place in the house to place a small altar with the image of My Most Holy Mother and a Crucifix, and consecrate the home to My Holy Will so that I can protect you during the necessary instants. Our Lord Jesus Christ, 04.30.2015



EUCALYPTUS

Scientific Name: Eucalyptus *Family:* Myrtaceae

The plague is approaching: continue to use the Oil of the Good Samaritan, Eucalyptus leaves inside the homes, burning the leaves when necessary. Saint Michael the Archangel, 12.15.2020

It has the following property:

• Purifies the air and cleans the environment.

FOOD SHORTAGES **BLESSED GRAPES HONEY NUTS**



FACING FOOD SHORTAGES

Store food inside your homes, without forgetting water, blessed grapes, the sacramentals and what is necessary for the small altar that at a certain moment you were asked to prepare in your homes. Saint Michael the Archangel, 06.23.2022

SHOW FORESIGHT: keep foods in your homes that have a long date of expiration. Keep honey, food that is easy to cook, cleaning products, alcohol, medicines, water and everything that you already know about. You should learn to store salted meat, as your ancestors did. Saint Michael the Archangel, 03.27.2023

(Saint Michael the Archangel shows me the way in which evil will attack us in the midst of the war. First will come spiritual, then material attack on food, clothing, medicines that are essential for some people, together with the restriction of individual freedoms as a result of the new disease).

Saint Michael the Archangel indicated to me the medicinal benefit of fruits such as blackberries, especially wild ones, and dark-colored fruits such as grapes, plums and blueberries, among others. Red or purple vegetables such as purple cabbage, eggplant and others. Saint Michael the Archangel, 02.19.2022



FACING FOOD SHORTAGES

Store up food, it will become scarce. Prepare Blessed Grapes and keep honey. Have the Oil of the Good Samaritan with you and the medicines that My House has made known to you. **Our Lord Jesus Christ 09.21.2021**

People of Our King and Lord Jesus Christ, the Earth is shaking strongly, you must keep provisions of what is specifically necessary for survival, not only personal and family, but of the brethren. Store honey, this food is beneficial.

Saint Michael the Archangel, 07.03.2021

"Beloved daughter, a spoonful of honey and a few nuts will be enough food for the survival of the body, they provide what is necessary for all the organs to function properly. Tell this to My children so that it may be a blessing for them in times of famine." **Our Lord Jesus Christ, 11.11.2012**



BLESSED GRAPES

WHEN SCARCITY BECOMES GENERALIZED, remember that My Mother thought about you way in advance and blessed grapes so that at that instant your hunger will be appeased, also I have asked you to pray NOW for those instants and to prepare yourselves spiritually so you will be able to encounter—with Faith, strength, and perseverance— the instants of harsh and difficult trial that lie ahead for everyone. Our Lord Jesus Christ 09.27.2015

I do not abandon you. Do not forget to keep in your homes the blessed grape in My Name for the instants of shortage. **Our Lord Jesus Christ 10.27.2014**

The planned famine is one of the scourges of this generation and one of the fiercest for My children. Millions will suffer from this evil and will be brought down by it, if my call to prepare the blessed grapes and let them serve as food is not heeded.

CHILDREN, SHARE THE BLESSED GRAPES WITH THOSE WHO DO NOT HAVE THE MEANS TO ACQUIRE THEM. Share this blessing with other brothers and sisters; they will be multiplied for you in this way, but do so now, before hunger and prices increase. **The Most Holy Virgin Mary, 09.25.2023**



HONEY CONSUMPTION

Store up food, it will become scarce. Prepare Blessed Grapes and keep honey. Have the Oil of the Good Samaritan with you and the medicines that My House has made known to you. **Our Lord Jesus Christ 09.21.2021**

People of Our King and Lord Jesus Christ, the Earth is being strongly shaken; you should keep provisions of what is specifically necessary for survival - not only your personal survival and that of your family, but that of your brothers and sisters. Store honey: this food is beneficial. At the same time store what is possible for each one of you. Saint Michael the Archangel, 07.03.2021

Honey has the following characteristics:

- Chemical composition: honey is mainly composed of sugars (78% to 80%) which are roughly divided into fructose (or levulose) 38%, glucose (or dextrose) 31%, and the remaining 31% contains maltose, sucrose and a wide variety of polysaccharides. Honey also contains about 17% water.
- It has an exceptional concentration of amino acids: Aspartic, glutamic, alanine, arginine, asparagine, cystine, glycine, histidine, isoleucine-leucine-lysine, phenylalanine-proline, tryptophan, serine, tyrosine, valine.
- Small amounts of fatty acids: pálmic, oleic, and linoleic acids
 Enzymes including amylase a and amylase b, glucose invertase and glucose oxidase



CONSUMO DE HONEY

- Minerals up to 1%: Silver, barium, calcium, bromine, beryllium, copper, cobalt, chromium, iron, lithium, magnesium, manganese, molybdenum, gold, palladium, phosphorus, potassium, rubidium, scandium, sodium, sulfur, silicon, strontium, titanium, zirconium, vanadium and zinc. If these elements are not present together in all honeys, some such as potassium, magnesium and zinc are always there.
- Vitamins in considerable quantities: which, without covering our daily needs, have the advantage of being highly assimilable: Vit A, Vit B1, Vit B2, Vit B3, Vit B5, Vit B6, Vit B8, Vit B9, Vit C, Vit D, Vit K. Biological and aromatic substances, including flavonoids, alcohols, esters, pigments and pollen grains.

Note: Honey can be dangerous for children under one year of age. This is because, when mixed with the non-acidic digestive juices of infants, it creates an ideal environment for the growth of botulism spores, which are one of the few bacteria that survive in honey. These spores are harmless in adults because of the acidity in the stomach, but the digestive system of infants is not sufficiently developed to destroy them. Some people are sensitive or allergic to specific components of honey. People with diabetes should be careful with the amount of honey because it affects blood sugar levels. For the best use of the properties of honey, it is recommended not to reheat or boil it.



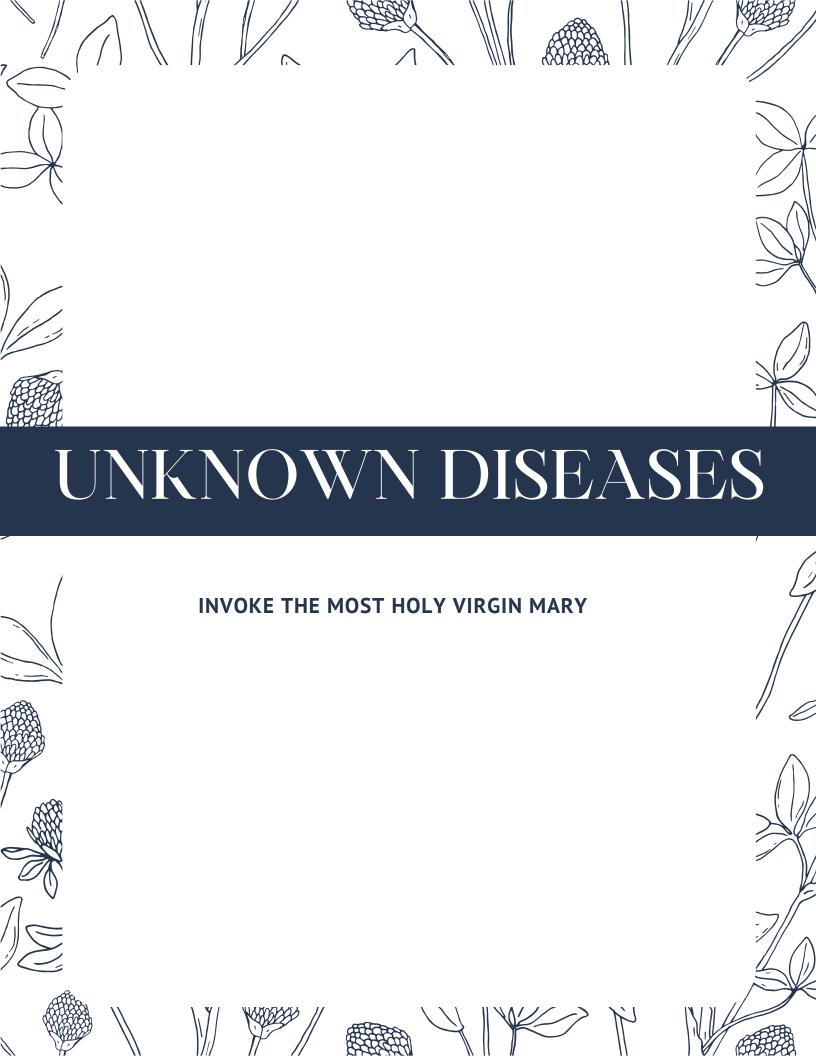
NUT CONSUMPTION

Beloved daughter, a spoonful of honey and a few nuts will be sufficient food for the survival of the body, they provide what is necessary for all the organs to function properly. Tell this to My children so that it may be a blessing for them in times of famine. **Our Lord Jesus Christ to Luz de Maria 11.11.2012**

MY CHILDREN, STORE HONEY AND SEEDS, AS WELL AS ALMONDS, WALNUTS, GROUNDNUTS OR PEANUTS AND FOOD. The Most Holy Virgin Mary, 01.27.2023

Nuts have the following characteristics:

- Has anti-inflammatory properties
- Helps prevent cardiovascular diseases
- Promotes blood circulation
- Supports weight loss Improves the nervous system
- Helps the immune system Liver problems
- Prevents osteoporosis Improve mood
- Helps skin care





FACING UNKNOWN DISEASES

My Children, the Father's House, by Divine Will, has sent you all the medicines of nature that are necessary and effective against the diseases that will appear again. When you apply them, the effect will arise from the faith that a person has in Heaven's Word. If your faith is nil, My child, you will not be able to heal yourself with what the Father's House has sent to you for combatting unknown diseases. If however your faith is infinite, if you have minimal faith, if your faith is great, children, faith will save you and I will say to you: "faith has saved you."

GROW IN FAITH, FOR FAITH MOVES MOUNTAINS (cf. Mt. 17, 20-21): grow spiritually and do not be so concerned with material things. Prepare, yes, but not excessively, for faith will be the ingredient that will give the necessary seasoning to everything you undertake in the Name of the Most Holy Trinity or in My Name or in obedience to My beloved Saint Michael the Archangel. The Most Holy Virgin Mary, 04.25.2024

My People, the Sun is emitting dangerous emanations towards the Earth; do not expose yourselves to the Sun, unknown diseases produced by the Sun are appearing. Our Lord Jesus Christ 10.09.2017



INVOKE THE MOST HOLY VIRGIN MARY

Though you see the plague come with unknown diseases before which science will not be able to create new ways to stop it, do not stagger in faith.

Invoke me: HAIL MARY MOST PURE, CONCEIVED WITHOUT SIN. But with faith the size of a mustard seed. All will be kept away from you and from your families, with faith. **The Most Holy Virgin Mary, 08.12.2010**

LITTLE CHILDREN, I REMAIN BEFORE EACH ONE OF YOU. DO NOT FORGET IT:
I AM A MOTHER, WHEN MY CHILDREN CALL, MY HEART DOES NOT RESIST;
WHERE YOU MEET TO PRAY AND INVOKE MY ASSISTANCE, I MAKE MYSELF
PRESENT THERE, I AM NOT RESISTANT TO THE PLEA, THE CALL, THE LOVE OF
THOSE WHO ARE MINE. The Most Holy Virgin Mary, 07.30.2009

I hold you within My Motherly Heart. I bless you and call you to be spokespersons for this Call of Mine. I invite you to call upon Me when danger threatens: Hail Mary, Hail Mary, Hail Mary. The Most Holy Virgin Mary, 05.08.2023



INVOKE THE MOST HOLY VIRGIN MARY

Plea to the Blessed Mother in the face of the scourge of sickness (Inspired by Luz de Maria, 05.2009)

Immaculate Mother, blessed Sanctuary of love:

To You do we cry, hear our pleas,
We implore Your Maternal intercession at this moment
In which the scourge of illness threatens humanity.

You, faithful protector of those who humbly come to ask for Your favors, pray to the Holy Trinity to send Its angelic protectors to combat this evil that befalls those who belong to You.

May Your Holy Mantle

be shield and shelter for all Of us

who faithfully ask this favor, so that

Out towns and homes be sealed by the Celestial protection.

We give you thanks Immaculate Mother for so great a favor;

Do not abandon us in this valley of tears,

You are shield, shelter and guide of those of us

who cry out in one voice.

Hail Mary Most Pure, conceived without sin. Amen

